

# Big Lakes Bulletin

February 2025



Big Lakes  
COUNTY



This newsletter provided by Big Lakes Family and Community Support Services

# BIG LAKES FCSS

## ABOUT THIS PUBLICATION

This newsletter is brought to you by Big Lakes Family & Community Support Services.

Entries must be submitted by the 20th of each month to be published in the following month's newsletter. (E.g., Submissions for February must be submitted by January 20th, etc.)

Submissions may be edited or denied based on content and how they fit the mandate of this publication.

Community newsletters are available by email and are shared on our Facebook page every month.

**For submissions to this newsletter, or to be added to the mailing list:**



[tdumaresque@biglakescounty.ca](mailto:tdumaresque@biglakescounty.ca)



780-776-3811



780-776-3821 Attn: Newsletter



@BigLakesFCSS

## Advertising Rates 2025

Commercial Advertising:  
Business card size - \$100.00 for six (6) months  
Buy and sell ads - \$5.00/month

Advertisements may be approved or denied at the discretion of the editor.

## FEBRUARY OFFICE CLOSURES

ENILDA	Feb 14 Feb 17
FAUST	Feb 3 Feb 14 Feb 17
GROUARD	Feb 7 Feb 14 Feb 17
HIGH PRAIRIE	Feb 14 Feb 17
JOUSSARD	Feb 14 Feb 17
KINUSO	Feb 14 Feb 17

**Please note: Hours are subject to change due to events, meetings, training, weather, etc.**  
FCSS Outreach workers do not answer the phone when assisting clients.  
Please leave a message with your name and phone number and we will contact you as soon as we can.

# OUR OFFICES

## Joussard FCSS Office

2-2nd Street W, Box 103, Joussard, AB T0G 1J0 Fax: 780-776-3821

Open: Monday - Friday 8:15am-4:00pm (Outreach Tuesdays & Thursdays only)

**FCSS Manager - Nicole Hanna**

Ph: 780.776.0008 C: 780.523.0108  
[nhanna@biglakescounty.ca](mailto:nhanna@biglakescounty.ca)

**FCSS Admin Support - Tori Dumaresque**

Ph: 780.776.3811 C: 780.507.5096  
[tdumaresque@biglakescounty.ca](mailto:tdumaresque@biglakescounty.ca)

**Joussard Outreach Worker - Danielle Cox**

Open: Tues & Thurs 8:15am - 4:00pm

Ph: 780.776.3811 C: 780.523.7911  
[dc Cox@biglakescounty.ca](mailto:dc Cox@biglakescounty.ca)

## Grouard FCSS Office

Grouard Firehall - 6C 3rd Ave NE, Box 100, Grouard, AB T0G 1C0 Fax: 780-751-3807

**Grouard Outreach Worker - Danielle Cox**

Open: Mon/Wed/Fri 8:15am-4:00pm

Ph: 780-751-3806 C: 780-523-7911  
[dc Cox@biglakescounty.ca](mailto:dc Cox@biglakescounty.ca)

## High Prairie FCSS Office

Room 203, 4723-53rd Ave, Box 179, High Prairie, AB T0G 1E0 Fax: 780-523-4902

**High Prairie Outreach Worker - Nancy Marquardt**

Open: Mon/Tues/Thurs/Fri 8:15am - 4:00pm

Ph: 780-536-0062 C: 780-507-3842  
[nmarquardt@biglakescounty.ca](mailto:nmarquardt@biglakescounty.ca)

## Enilda FCSS Office

Enilda Firehall - 903 Main St., Enilda, AB T0G 0W0, AB T0G 0W0 Fax: 780-523-5933

**Enilda Outreach Worker - Nancy Marquardt**

Open: Wednesday 8:15am - 4:00pm

Ph: 780-523-5925 C: 780-507-3842  
[nmarquardt@biglakescounty.ca](mailto:nmarquardt@biglakescounty.ca)

## Faust FCSS Office

Faust Firehall - 5 Spruce St., Box 206, Faust, AB T0G 0X0 Fax: 780-355-3000

**Faust Outreach Worker - Patsy Campion**

Open: Mon/Wed/Fri 8:15am - 4:00pm

Ph: 780-355-3896 C: 780-507-3841  
[pcampion@biglakescounty.ca](mailto:pcampion@biglakescounty.ca)

## Kinuso FCSS Office

Big Lakes County Satellite Office - 51 Centre St., Box 57, Kinuso, AB T0G 1K0 Fax: 780-775-3571

**Kinuso Outreach Worker - Patsy Campion**

Open: Tues & Thurs 8:15am - 4:00pm

Ph: 780-775-3666 C: 780-507-3841  
[pcampion@biglakescounty.ca](mailto:pcampion@biglakescounty.ca)

# BIG LAKES BUS

Call to book your seat today!

# 1-877-925-2537

Passengers under the age of 18 must be accompanied by an adult.  
 Seats must be booked by 3:00pm the day before the scheduled trip.

<b>EVERY TUESDAY</b>	To High Prairie - BLC resident pick-ups only	\$20.00
<b>EVERY WEDNESDAY</b>	Within High Prairie - HP resident pick-ups only	\$10.00
<b>EVERY THURSDAY</b>	To Slave Lake - HP & BLC residents	\$30.00

FEBRUARY						
S	M	Tues	Wed	Thurs	F	S
						1
2	3	4 HP	5 HP	6 SL	7	8
9	10	11 HP	12 HP	13 SL	14	15
16	17	18 HP	19 HP	20 SL	21	22
23	24	25 HP	26 HP	27 SL	28	

MARCH						
S	M	Tues	Wed	Thurs	F	S
						1
2	3	4 HP	5 HP	6 SL	7	8
9	10	11 NO BUS	12 NO BUS	13 NO BUS	14	15
16	17	18 NO BUS	19 NO BUS	20 NO BUS	21	22
23	24	25 HP	26 HP	27 SL	28	29
30	31					



# FAMILY DAY WEEKEND

*in Big Lakes County*

## Saturday, February 15

**Joussard Kids Can Catch Family Day Event  
Joussard Community Hall**

10:00am Free Pancake Breakfast

11:00am-3:30pm Ice Fishing

Chili supper to follow

Brought to you by Lesser Slave Watershed Council,  
Big Lakes FCSS, Joussard Community Association

## Sunday, February 16

**Enilda Pancake Breakfast at Enilda W.I. Hall**

9:00am- 11:00am (or until food is gone)

Brought to you by Big Lakes FCSS and Enilda Fire Services

**Toonie bowling at the Enilda Bowling Alley**

\$2/person/game; max of 2 games

Beginning at 10:00am; shoes must be rented

**Pioneer Thresherman's Triangle Hall**

Hot dogs, hot chocolate and outdoor fun beginning at 1:00pm

## Monday, February 17

**Kinuso Pancake Breakfast at Kinuso Firehall**

8:30am - 10:30am (or until food is gone)

Brought to you by Big Lakes FCSS and Kinuso Fire Services

**Faust Pancake Breakfast at the Faust Multicultural Gathering Place**

9:00am - 11:00am (or until food is gone)

Brought to you by Big Lakes FCSS, Faust Fire Services, Faust Charity Association

**Grouard Pancake Brunch at Grouard Northlands School Gymnasium**

Brunch - 11:00am - 12:00pm (or until food is gone)

Games & Prizes - 12:00pm - 1:00pm

Brought to you by Big Lakes FCSS and Peace Library Systems

# FREE INCOME TAX FILING SERVICE WITH CRA TRAINED VOLUNTEERS



FOR PEOPLE WITH A MODEST INCOME AND A SIMPLE TAX SITUATION

## Eligible

- Your annual income is \$35000 or less
- Your family income is \$45000 or less (add \$2500 for each eligible dependant)
- You have less than \$1000 in investment income
- You have a simple tax situation

## Ineligible

- You have employment expenses, business or rental income/expenses
- You are self-employed
- Anyone who is deceased
- You have capital gains or losses
- You have major investments/RRSP/stocks/mutual funds/RESP
- You have filed bankruptcy

We are only able to serve residents of Big Lakes County and the Town of High Prairie.  
Please bring valid photo ID and proof of residence to your appointment.  
Grant funding for this program provided by the Government of Canada.



**Book an appointment at your  
local FCSS office.**



## STRESS MELTING TRICK

From Dani

If life, work, kids, or your partner is stressing you out, try this quick trick to calm your mind and regulate your nervous system in just a couple minutes.

1. Sit up tall with your back straight and feet flat on the ground.
2. Take a deep breath in through your nose filling up your belly first then your chest and then your head. Exhale (with a sigh if possible but quietly if needed). Repeat three times. On the 4th breath in, hold your breath and count slowly to ten. Release the breath slowly. Repeat this process again but next time take four breaths in before holding your breath on the fifth. Hold for ten seconds and release. Continue this process adding one more breath than before holding for ten seconds. Try at least three rounds for the full benefits of relaxation!
3. Great Job! I hope you felt your stress melt away or at least decrease to a more manageable rate.
4. Remember, Practice makes perfect!

# What's Happening in your County?



Send us your community events, activities, and updates and we would love to include it in our next newsletter! Reach out to Tori at [tdumaresque@biglakescounty.ca](mailto:tdumaresque@biglakescounty.ca) or 780-776-3811 for more information.

## Enilda Bowling Alley

### Weekly League Bowling

<b>Monday</b>	1:00pm - 3:00pm 7:00pm - 9:00pm
<b>Wednesday</b>	7:00pm - 9:00pm
<b>Thursday</b>	1:00pm - 3:00pm 7:00pm - 9:00pm

### Public Bowling Hours

#### Friday

<b>Glowball</b>	6:00pm - 10:00pm
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#### Saturday

<b>Youth Fun Bowl</b>	10:00am - 12:00pm
<b>General</b>	12:00pm - 4:00pm
<b>Glowball</b>	6:00pm - 10:00pm

#### Sunday

<b>General</b>	12:00pm - 4:00pm
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Private bookings available

780-523-4211 W.I. Drive, 1st Ave, lot 808 Enilda, AB

### Enilda & District Society for Recreation & Culture

Meetings are held the second  
Sunday of the month at the  
Enilda Bowling Alley

#### Next Meeting:

Sunday, February 9  
6:30pm

### ENILDA BOWLING ALLEY

## YOUTH FUN BOWLING

**SATURDAY MORNINGS  
10AM TO 12PM**

**AGES 5 TO 18 YEARS  
\$5.00 PER YOUTH**

~Enilda~  
FARMERS  
MARKET

**W.I. Community Hall**  
**First Saturday of each month**  
**10AM - 2PM**

**Upcoming Dates:**

**Saturday, February 1**

**Saturday, March 1**



**WHIST**

**Join us at the**  
**Big Meadow Hall!**

RR 154 TWP 752

**Every Tuesday at**  
**7:00pm**

Contact Stella Sware 780-523-2009

# Jamboree

Third Saturday of every month from  
September to May at Triangle Hall

Next date:

**Saturday, February 15**

1:00pm-5:00pm

For more information contact  
Roger Kemp  
Phone: 780-523-5367



## HIGH PRAIRIE GOLDEN AGE CLUB

Sunday	1:30pm	Crib
Wednesday	1:30pm	Floor Curling
Thursday	7:00pm	Bridge
Friday	1:30pm	Whist

Membership - \$20/year

Some activities have a nominal activity fee.  
A \$1 coffee donation is expected at each  
activity

4824-53rd Avenue, High Prairie



# JOUSSARD COMMUNITY ASSOCIATION



**REMINDER**

**The next JCA meeting will be:  
Monday, February 10 @ 7:00pm  
Upstairs at the JCA Hall.**

**See you there!**

**The JCA is proud to sponsor the chili supper for the Kids Can Catch Family Day event, in partnership with Big Lakes FCSS and the Lesser Slave Watershed Council!**

**March 8, 2025 is the JCA Fishing Tournament.  
Watch for posters and notices on Facebook!**



## Mondays

Mahjong - 1:30 - 4:30

\$2.00 ea.

## Tuesdays and Thursdays

Chair Yoga - 9:30 am - 10:30 am

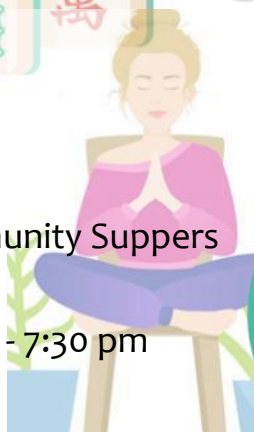
## Wednesdays

Homesteaders Hall - Seniors Community Suppers

6:00 pm - \$15.00 per person

Homesteaders Cards - Whist Series - 7:30 pm

## JOUSSARD HOMESTEADERS SOCIETY



# Grouard Seniors Community Club

To participate in the Annual General Meeting, your \$20 annual membership must be up-to-date for 2025. Membership is open to individuals 55 years and over who live, or have lived, within 30km of Grouard. Over 75 it's free.

## Agenda:

- President's report
  - Financial statements
  - Elections
- .....

The Grouard Seniors gift card program is changing. When we started giving out gift cards, it was during Covid and we were supporting people to get the food they needed. Now we're trying to get people together more – especially around food! When seniors attend our regular weekly lunches, we'll put their names in a pail and draw names for gift cards on occasion. We'll also try to have more community dinners like we did the last two Thanksgivings. Watch Facebook, this FCSS newsletter, and posters in the stores for details!

## Grouard Seniors Lunch

**Wednesdays at 12:00pm**  
**Northlands School -**  
**Elder's Room.**

## ANNUAL GENERAL MEETING

**February 19, 2025**  
**After lunch**

## STANDARD FIRST AID LEVEL C CPR/AID

The Grouard CEC is sponsoring a First Aid course for  
**Grouard Area Residents.**

**February 5 and 6 9AM-6PM**

In-person at the NLC Grouard Campus. Registration is required to attend and seats will be given away on a first come, first served bases. Please note this is a two-day training session. Register by January 31.

*Register by contacting*

Arden Kortuem  
(780) 751-3232 kortuema@northernlakescollege.ca  
OR JoAnne Huculak  
(780) 751-3333 huculakj@northernlakescollege.ca

NORTHERN LAKES COLLEGE  
 **CEC**  
COMMUNITY EDUCATION COMMITTEE  
GROUARD CAMPUS



# AA

## Meetings

**Mondays & Fridays 7:30pm**  
**High Prairie**  
**Nazarene Church**  
**(4900-59 Ave)**

**Wednesdays 7:00pm**  
**Grouard**  
**Brown Building behind**  
**Kapawe'no Hall #55**

# Kinuso Seniors Club

Meetings are held the second Tuesday of each month  
at the Kinuso Seniors Centre



**Next meeting**  
**February 11 - 1:00pm**

**Coffee Time**  
**Tuesdays - 1:00pm**  
**Fridays - 10:00am**

New members are always  
welcome!

# BINGO

**Kinuso Ag Hall**  
**Every Wednesday**

Doors Open	5:00pm
Bonanza Precall	6:30am
Regular Games	7:00pm

**Bingo Balls Available**

**See you there!**

A winter-themed poster for a curling event. At the top, a blue banner says "JAN 20 TO FEB 24". Below it, "KINUSO CURLING RINK" is written. A circular badge on the left says "GRADE 3 & UP! MONDAY'S @330". The main text reads "KIDS AFTER SCHOOL CURLING" in large, colorful letters. Two cartoon penguins wearing winter hats are on either side of the text. Below the penguins, it says "\$25.00 PER STUDENT". At the bottom, it lists requirements: "PLEASE BRING CLEAN INDOOR SHOES, WARM WINTER GEAR & A CURLING BROOM (IF YOU HAVE ONE)" and "REGISTRATION IS ON THE 1ST DAY:)" and "KINUSO COMMUNITY ASSOCIATION".

**JAN 20 TO FEB 24**  
**KINUSO CURLING RINK**

**GRADE 3 & UP!**  
**MONDAY'S**  
**@330**

**KIDS**  
**AFTER**  
**SCHOOL**  
**CURLING**

**\$25.00 PER STUDENT**

PLEASE BRING CLEAN INDOOR SHOES, WARM  
WINTER GEAR & A CURLING BROOM  
(IF YOU HAVE ONE)

**REGISTRATION IS ON THE 1ST DAY:)**

KINUSO COMMUNITY ASSOCIATION

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# February 2025



						1 Kinuso Ladies Bonspiel Enilda Farmer's Market 10:00am Joussard Ste. Anne Mass 10:00am HP St. Paul's Church 7:00pm
2 Kinuso Ladies Bonspiel Joussard Ste. Anne Mass 10:00am Grouard St. Bernard Mass 10:30am HP St. Paul Mass 10:30am HP Golden Age Crib 1:30pm Faust St. Paul's Church 1:30pm	3 Homesteaders Mahjong 1:30pm	4 Joussard Ste. Anne Mass 10:00am Homesteaders Chair Yoga 9:30am Kinuso Seniors Coffee 1:00pm Big Meadow Hall Whist 7:00pm	5 Joussard Ste. Anne Mass 10:00am Kinuso Well Child & Tiny Teeth 11:00am Grouard Seniors Lunch 12:00pm HP Golden Age Floor Curling 1:30pm Kinuso Bingo 5:00pm Homesteaders Seniors Supper 6:00pm	6 Joussard Ste. Anne Mass 10:00am Homesteaders Chair Yoga 9:30am HP Golden Age Bridge 7:00pm	7 Joussard Ste. Anne Mass 10:00am Kinuso Seniors Coffee 10:00am HP Golden Age Whist 1:30pm	8 Joussard Ste. Anne Mass 10:00am HP St. Paul's Church 7:00pm
9 Kinuso St. Felix Mass 9:00am Joussard Ste. Anne Mass 10:00am Grouard St. Bernard Mass 10:30am HP St. Paul Mass 10:30am HP Golden Age Crib 1:30pm EDSRC Meeting 6:30pm	10 Homesteaders Mahjong 1:30pm JCA Meeting 7:00pm	11 Joussard Ste. Anne Mass 10:00am Homesteaders Chair Yoga 9:30am Grouard Well Child & Tiny Teeth 11:00am Kinuso Seniors Meeting 1:00pm Big Meadow Hall Whist 7:00pm	12 Joussard Ste. Anne Mass 10:00am Grouard Seniors Lunch 12:00pm HP Golden Age Floor Curling 1:30pm Kinuso Bingo 5:00pm Homesteaders Seniors Supper 6:00pm Homesteaders Cards 7:30pm	13 Joussard Ste. Anne Mass 10:00am Homesteaders Chair Yoga 9:30am HP Golden Age Bridge 7:00pm	14 Happy Valentine's Day! Kinuso Mens Bonspiel Joussard Ste. Anne Mass 10:00am Kinuso Seniors Coffee 10:00am HP Golden Age Whist 1:30pm	15 Kinuso Mens Bonspiel Joussard Kids Can Catch Family Day Event 10:00 Joussard Ste. Anne Mass 10:00am Triangle Jamboree 1:00pm HP St. Paul's Church 7:00pm
16 Kinuso Mens Bonspiel Enilda Family Day Event 9:00am Joussard Ste. Anne Mass 10:00am Grouard St. Bernard Mass 10:30am HP St. Paul Mass 10:30am HP Golden Age Crib 1:30pm Faust St. Paul's Church 1:30pm	17 Family Day County/FCSS Offices Closed Kinuso Family Day Event 8:30am Faust Family Day Event 9:00am Grouard Family Day Event 11:00am Homesteaders Mahjong 1:30pm	18 Joussard Ste. Anne Mass 10:00am Homesteaders Chair Yoga 9:30am Kinuso Seniors Coffee 1:00pm Big Meadow Hall Whist 7:00pm	19 Joussard Ste. Anne Mass 10:00am Kinuso Adult Immunizations & Sexual Health Clinic 11:00am Grouard Seniors Lunch & AGM 12:00pm HP Golden Age Floor Curling 1:30pm Kinuso Bingo 5:00pm Homesteaders Seniors Supper 6:00pm Homesteaders Cards 7:30pm	20 Joussard Ste. Anne Mass 10:00am Homesteaders Chair Yoga 9:30am HP Golden Age Bridge 7:00pm	21 Joussard Ste. Anne Mass 10:00am Kinuso Seniors Coffee 10:00am HP Golden Age Whist 1:30pm Kinuso Library Paint Night	22 Joussard Ste. Anne Mass 10:00am HP St. Paul's Church 7:00pm
23 Kinuso St. Felix Mass 9:00am Joussard Ste. Anne Mass 10:00am Grouard St. Bernard Mass 10:30am HP St. Paul Mass 10:30am HP Golden Age Crib 1:30pm	24 Homesteaders Mahjong 1:30pm	25 Joussard Ste. Anne Mass 10:00am Homesteaders Chair Yoga 9:30am Kinuso Seniors Coffee 1:00pm Big Meadow Hall Whist 7:00pm	26 Joussard Ste. Anne Mass 10:00am Kinuso Well Child 11:00am Grouard Seniors Lunch 12:00pm HP Golden Age Floor Curling 1:30pm Kinuso Bingo 5:00pm Homesteaders Seniors Supper 6:00pm Homesteaders Cards 7:30pm	27 Joussard Ste. Anne Mass 10:00am Homesteaders Chair Yoga 9:30am HP Golden Age Bridge 7:00pm	28 Joussard Ste. Anne Mass 10:00am Kinuso Seniors Coffee 10:00am HP Golden Age Whist 1:30pm	

# CENTRAL SLAVE LAKE AG SOCIETY



Thank you to everyone that came out to support our Community Christmas Social in December. The food was awesome and everyone had a great time!

Thank you to Hippy Junction for providing fantastic music at our New Year's Eve dance! Everyone seemed to enjoy the Taco Bar midnight lunch as well. Thank you to everyone that supported this event!

**CSLAS**  
**KINUSO AG'S LADIES BONSPIEL**  
**90'S SKI PATROL**  
**ENTRY PRICE REDUCED**  
**JAN. 31 - FEB. 2ND 2025**  
**DEADLINE- THURSDAY, JAN. 30 7 P.M.**  
**\$300 PER TEAM**  
**PRIZES**  
**50/50'S**  
**SUPPER X DANCE X MIDNIGHT LUNCH**  
**PLEASE CONTACT TYRELL AT 780-805-1649 TO REGISTER**

**PRICES REDUCED**  
**KINUSO'S**  
**CURLING RINK**  
**SCHEDULE**  
**MIXED LEAGUE CURLING DAYS WILL RUN TUESDAY, WEDNESDAY AND THURSDAY**  
**STARTING JANUARY 2025**  
**LEAGUE FEES \$350**  
**LEAGUE CURLING WILL START JANUARY 21**  
**PLEASE CONTACT TYRELL-780-805-1649**  
**LADIES BONSPIEL**  
**THE WEEKEND OF JANUARY 31, 2025**  
**REGISTRATION FEE \$300**  
**SUPPER, DANCE AND PRIZES**  
**MEN'S BONSPIEL**  
**THE WEEKEND OF FEBRUARY 14, 2025**  
**REGISTRATION FEE \$300**  
**SUPPER, DANCE AND PRIZES**  
**LOGGERS BONSPIEL**  
**THE WEEKEND OF MARCH 28, 2025**  
**REGISTRATION FEE \$400**  
**SUPPER, DANCE AND PRIZES**

Kinuso Municipal Library  
 presents  
**Valentines Paint Night**  
 with Erin Hunt



The Kinuso Municipal Library is offering a Valentine's Paint Night from 6:30-8:30pm on February 21st. All those interested must register through emailing [dlabby@hpsd.ca](mailto:dlabby@hpsd.ca) or stopping in the library. Fee is \$20 with snacks and supplies all included. Due to size limits only 20 participants will be welcome.

**Origami Design**  
 The Kinuso Municipal Library wants to see your origami creation!  
**Designs can be dropped off at the library. Be sure to add your first and last name to your piece.**  
**All creations will be on display.**

# Kinuso Municipal Library

## Upcoming activities

Over the holiday season the Bound by Books Club enjoyed reading the book “The Help” by Kathryn Stockett. The Club got together on January 16th to discuss the book as well as to watch the movie “Where the Crawdads Sing” which was read prior back in early December. Next up is the book “1984” by George Orwell. Bound by Books is always open to new members. All those interested in joining are welcome to contact the library or contact the club on Facebook - [Bound by Books Book Club](#).

Homework Club will be continuing into February. Any students needing support or internet access are welcome.

Adult Support is open to all MD members offering adults assistance in filling out forms, resume writing or open to anyone who would just like to have computer and book access.

### Craft and Games

Craft and games are after school on Tuesdays from 3:30-4:30. This month’s activities will include Diamond Art offered by Brenda Laboucan. This activity is limited to 30 patrons. Sign up list will be located in the main office of the school. Family Bingo is open to all.

The library would love to see your origami creations. Drop of your designs for display.

Christmas Paint Night with Erin Hunt was a huge success. Anyone interested in signing up for the Valentine’s Paint Night on February 21 may do so by contacting the library at (780)775-3694 or emailing [dlabby@hpsd.ca](mailto:dlabby@hpsd.ca). Limited to 20 participants. Fee will be \$20/person.

# FEBRUARY 2025

Library Hours  
 Tuesday 3:18-5:15pm  
 Thursday 4-7 pm

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4 Diamond Art Craft	5	6 Homework Club Adult Support	7	8
9	10	11 Diamond Art Craft	12	13 Homework Club Adult Support	14 Happy Valentine's Day	15
16	17 Family Day	18 Family Bingo	19	20 Homework Club Adult Support Bound by Book Club	21 Valentine's Paint Night	22
23	24 Library Board Meeting	25	26	27 Homework Club Adult Support		

# Kinuso School Council

## Concerns regarding the decrease of Wellness Coaches at Kinuso School from 2 full-time positions to 1 full-time position

- Why are the wellness coach positions in the division not being posted or filled with new staff? Kinuso Wellness coach position was planned to be removed prior to the positions in SL and HP being vacant. Supports in Kinuso will be cut in half; one wellness coach will be carrying the caseload of two wellness coaches (which will be a huge decrease after 7 years of 2 FT wellness coaches).
- The community has not received any official communication regarding the loss of one FT wellness coach from Kinuso School; many parents and community members are still unaware of these changes. Removing a wellness coach from the school creates a barrier to students receiving direct support; wellness coaches do not require parent permission; this has eliminated barriers to children and youth having access to mental health services, and helping with behavioural issues within the school.
- Education Minister indicates 'supporting the mental health and well-being of children and youth is a priority for our government'; the children in our school required mental health support within the school when our first wellness coach was hired, however this was not sufficient to meet the needs of the children/youth in our school, therefore it has been essential to have 2 full-time wellness coaches.
- Considering Kinuso School's enrollment is comprised of largely First Nation children and Youth, many from Swan River First Nation, Driftpile Cree Nation, and many other First Nations; HPSD's mission statement "Advancing reconciliation by honouring culture, identity, and belonging through wholistic education" are words that need to be honoured through action and decisions made on the part of our children. The loss of one of the trusted wellness coaches will be a huge loss for all of the kids at Kinuso School, including our many First Nation's children.
- Inclusive education needs to be acted upon; how do we accommodate the unique needs of First Nations children (from K-Grade 12) who are impacted by intergenerational trauma, colonialism, and try to move away from this history? We will need to provide support; accepting and welcoming them where they are, including having sufficient support available when needed.
- Students need to be met with an understanding that stress changes the biology of the brain; Children and Youth need a trusting place to help manage stress in order to learn most effectively throughout the school day.
- Wellness Coaches must have a good rapport with the students and have time to be available when needed (this will become difficult or improbable to occur if there is only 1 wellness coach available at Kinuso School)
- The HPSD 48 education plan for 2024-2027, lists priorities and outcomes for positive mental health. A strategy listed is the Wellness Team as it is recognized that children and youth are most likely to access mental health support within a school setting. Kinuso is a community with limited access to supports outside of the school setting. A redistribution of resources would be cutting the support in Kinuso school in half, and filling positions in other schools, of whom have access to many resources within walking distance and full time HOST success coach. The students from Kinuso and the surrounding nations will now have their access to mental health support within the school based setting cut in half.



- Contributed by The Kinuso School Council

# Exercise Program

Experience the health benefits!

Learn to exercise safely while living with a health condition.

## Upcoming Sessions:

Jan 13 - Feb 24	Mon/Wed	1-2:30pm
Jan 13 - Feb 24	Mon/Wed	6-7:30pm
Feb 4 - Mar 13	Tue/Thurs	10-11:30am

### Free Zoom Exercise Program

- Tailored to your fitness level - led by exercise therapist
- 2 times per week for 6 weeks
- No equipment needed!
- Learn to exercise safely through Zoom in your own home.



Visit [www.healthylivingprogram.ca](http://www.healthylivingprogram.ca)  
Or [Click here to connect with our exercise team](#)

If you are an adult living with one or more chronic health conditions, join this safe, fun and interactive small group setting.



For more information call  
1-877-349-5711



## Alberta Healthy Living Program

Education that Supports your Health and Your Life



### Chronic Pain Group Support Better Choices Better Health®

- Connect with others experiencing long-term pain
- Hear how others manage pain & fatigue
- Discuss anger, fear & loss
- Try strategies to improve your sleep
- Explore how food influences pain
- Better manage medications
- Practice a gentle movement program
- Solve problems and set goals

Next 6-week workshop runs:  
Wednesday evenings  
Jan 15, 22, 29, Feb 5, 12, & 19  
6:00 - 8:30 p.m.  
Join Online by zoom

### Better Choices Better Health® Group Support for living with a long-term health condition

- Connect with others living with chronic conditions (Diabetes, Weight, Heart conditions, Anxiety)
- Discuss anger, fear & frustration
- Try strategies to improve your sleep
- Explore healthy eating choices
- Better manage medications
- Solve problems and set goals
- Attend with a friend or family member

Next 6-week workshop runs:  
Thursday afternoons  
Feb 6, 13, 20, 27, Mar 6, & 13  
1:30 - 4:00 p.m.  
Join Online by zoom



Register at:  
[www.healthylivingprogram.ca](http://www.healthylivingprogram.ca)  
1-877-349-5711



# PREP

## for Work and Learning

NEXT OFFERING:  
Feb 24, 2025 - March 7, 2025 12:30-3:00pm

The perfect free two-week, online program that will help prepare you for the next step in work, further learning or just for you.

**FREE TO REGISTER** at [www.northernlakescollege.ca/prep](http://www.northernlakescollege.ca/prep)



Contact us!  
[prep@northernlakescollege.ca](mailto:prep@northernlakescollege.ca) | 780-751-3248



# CAREER INVESTIGATIONS

FREE, ONE WEEK, ONLINE SESSIONS!

EXPLORE POTENTIAL CAREER PATHWAYS:  
Trades | Business & Administrative | Health | Human Service



**FREE!** Register for one or more of the sessions  
[www.northernlakescollege.ca/career-investigations](http://www.northernlakescollege.ca/career-investigations)  
or call 780-751-3248





# ALBERTA HEALTH SERVICES

## Grouard - Northern Lakes College

To book an appointment call Laurie, RN at 780-523-6452

**Well Child Clinic & Immunizations**

Feb 11 - 11am-3pm

**Tiny Teeth**

Feb 11 - 11am-3pm

If you are interested in sexual health testing/treatment/ information please book an appointment

## Kinuso Public Health Office #40 Centre Street Kinuso

To book an appointment call Jacquie, RN at 780-775-3501 or 780-523-6450

**Well Child Clinic & Immunizations**

Feb 5 & 26 - 11am-3pm

**Tiny Teeth**

Feb 5 - 11am-3pm

**Adult Immunizations & Sexual Health Clinic**

Information, education, testing

Feb 19 - 11am - 3pm



**FREE**

**Recovery College**


**Reframing Negative Thoughts**

Explore a fascinating journey into negative thinking, understanding its roots in psychology and brain science. Learn about different types of negative thoughts and how they affect us. Discover practical methods and reframing strategies to turn negative thoughts into positive ones for a happier outlook on life.

Tuesday February 26th  
Time: 10:00 - 11:00 AM

Hybrid - In Person OR Online  
In Person - Recovery College Office  
10015 110 Ave, Grande Prairie

recoverycollegegrandeprairie.ca/



Phone- 780-402-4532  
Email- Recovery.College@gpcmhha.ca

**FREE**

**Recovery College**

**Navigating Narcissism**

This two-part course helps participants identify narcissistic traits and behaviors, understand narcissistic personality disorder, and recognize the impact of narcissistic abuse. You'll learn to distinguish healthy from unhealthy dynamics, spot warning signs, understand narcissistic supply, and gain strategies to disarm and navigate relationships with narcissists, empowering you to build healthier connections.

Session 1 - Tuesday, Feb 4th  
Session 2 - Wednesday, Feb 5th

Time: 10:00 - 11:00 AM

Hybrid - In Person OR Online  
In Person - Recovery College Office  
10015 110 Ave, Grande Prairie

recoverycollegegrandeprairie.ca/



Phone- 780-402-4532  
Email- Recovery.College@gpcmhha.ca

Take advantage of these and other great mental wellness and personal growth sessions offered by Recover College Grande Prairie!

To register or for more information visit [www.recoverycollegegrandeprairie](http://www.recoverycollegegrandeprairie)

## Dill pickle Chicken Salad



### Ingredients:

- 2 cups Cooked shredded chicken
- 2/3 cup chopped dill pickles
- ¼ cup diced red onion
- ¼ cup plain Greek yogurt
- 2 TBSP mayo
- 2 TBSP sweet relish
- 1 TBSP Chopped parsley
- 1 tsp Dijon mustard
- 1 tsp dried chives
- 1 TBSP of dried dill or fresh dill (as much as desired)
- 1 TBSP pickle juice
- Salt and pepper to taste

### Instructions:

1. Place the Chicken onions and chopped pickles in a bowl. In another bowl combine the rest of the ingredients whisking until combined. Mix the ingredients of the two bowls until well mixed. Add salt and pepper to your liking.
2. Serve on buns, bread, bagel, croissant, crackers or lettuce. Enjoy

*~submitted by Dani*

## Easy Baked Pork Tenderloin

### Ingredients:

- 2 pork tenderloins about 1 pound each
- 2 T. brown sugar
- 1 tsp. smoked paprika
- 1 tsp. garlic powder
- 1 tsp onion powder
- 1 tsp. chili powder
- 1 tsp. Italian seasoning
- 1 tsp. salt
- 1/4 tsp. pepper or to taste
- 1/4 C. butter, cut into pats
- chopped parsley optional



### Directions:

1. Preheat oven to 400 F and move rack to middle position
2. Prep the tenderloin by cutting off any excess fat and the silver skin (the tough part that may cover some of each tenderloin). Pat the tenderloins dry with paper towel.
3. Add the spice rub ingredients (brown sugar, paprika, garlic powder, onion powder, chili powder, Italian seasoning, salt & pepper) to a small bowl and stir together. Coat the tenderloins all over with the spice rub.
4. Add the pork tenderloins to a 9 x 13 baking dish and place the butter pats on top.
5. Bake uncovered, for about 25 minutes or until the pork has reached 145F. Let rest 5—10 minutes before slicing it into medallions so it remains juicy.
6. Pour the pan juices over the pork and sprinkle with parsley if desired.
7. Serves 6—8 depending on portion size.
8. This recipe is not for pork loin, which is a different, tougher cut of meat and will need to be cooked longer.
9. Pork that is 145F in the thickest part is safe to eat.

*~Submitted by Nancy*



# Local Churches

## St. Paul's Anglican Church

#1-1<sup>st</sup> Street SW Faust

Contact Lynn Nygaard 587-516-1973

Sunday February 2- 1:30pm

Sunday February 16 - 1:30pm

## Ste. Anne Catholic Church

#20 Lakeview Drive Jousard

Sundays - 10:00am

Tuesday - Saturday - 8:30am

## St. Bernard Catholic Church

#64 Mission Street Grouard (Kapawe'no school gym)

Sundays - 10:30am

## St. Felix de Valois Catholic Church

#38-1<sup>st</sup> Street Kinuso

2nd, 4th, 5th Sundays

Sunday, February 9 - 9:00am

Sunday, February 16 - 9:00am

Contact Gertie Cunningham for First Communion or Baptisms 780-775-2265

## St. Paul Roman Catholic Church

#4633-52<sup>nd</sup> Ave, High Prairie

Saturdays - 7pm

Sundays 10:30am

Father Eucharius C. Ndzefemiti 780-523-3140 [Pastor.stpauls@gmail.com](mailto:Pastor.stpauls@gmail.com)

Facebook: [St Paul's Catholic Church](#)



Remember to renew your vehicle registration in **February** if your surname or company name begins with **M or Q**

**CALP**  
COMMUNITY ADULT LEARNING PROGRAM

**NORTHERN LAKES COLLEGE**

**We are a Community Adult Learning Program (CALP) site**

*We provide a quiet and welcoming workspace, and can offer assistance with:*

- Information on adult upgrading and college programs
- Programs to enhance learner and workplace skills
- Online learning, printing, email and scanning
- Resume writing and job preparation
- Filling out applications
- Basic computer support and tutoring

*Start here. Go anywhere.*

[www.northernlakescollege.ca](http://www.northernlakescollege.ca)

ENILDA	<b>Enilda Post Office</b> Closed 12:00pm - 2:00pm		Mon & Thurs Tues & Fri Wednesdays	9:00am - 5:30pm 9:00am - 5:00pm 9:00am - 12:00pm
FAUST	<b>Faust General Store</b>	780-355-3600	Mon - Sat Sundays & Holidays	9:00am - 8:00pm 11:00am - 7:00pm
GROUARD	<b>Bigway Foods</b>	780-751-3964	Mon - Fri Saturday Sunday	10:00am - 11:00pm 10:00am - 12:00am 12:00pm - 11:00pm
	<b>Ferguson Market</b>	780-751-2221	Sun - Sat	9:00am - 10:00pm
	<b>Grouard Post Office (Ferguson Market)</b>		Mon - Fri	9:30am - 12:00pm 3:00pm - 5:00pm
JOUSSARD	<b>Jerry's Store</b>	780-776-3833	Sun - Sat	9:00am - 10:00pm
	<b>Joussard Bottle Depot</b>	780-523-0270	Mon Sat/Sun	12:00pm-4:00pm 11:00am-5:00pm
	<b>Joussard Superette</b>	780-776-3840	Sun - Thurs Fri & Sat	9:00am - 11:00pm 9:00am - 12:00pm
	<b>Joussard Post Office</b> Closed 12:00pm - 1:00pm Mon-Thurs	780-507-7535	Mon - Wed Thursday Friday	10:00am - 4:00pm 10:00am - 6:00pm 10:00am - 1:00pm
KINUSO	<b>Big Lakes County Satellite Office</b> Closed 12:00pm - 12:30pm	780-775-3570	Tues/Wed/Thurs	8:15am - 4:00pm
	<b>BHunt Express</b>	780-775-3930	Mon - Fri	8:30am - 5:00pm
	<b>Kinuso ATB Agency</b>	780-775-3930	Mon - Fri	9:00am - 3:30pm
	<b>Kinuso Mercantile</b>	780-775-3517	Mon - Sat	9:00am - 6:00pm
	<b>Kinuso Kodiak Restaurant</b>	780-775-3500	Sun-Sat	8:00am - 9:00pm
	<b>Korner Kitchen</b>	780-775-3768	Mon - Sat	8:00am - 8:00pm
	<b>Swan River Grocery Corp Ag Foods</b>	780-775-3699	Mon - Sat Sunday & Holidays	9:00am - 6:00pm 10:00am - 5:00pm
	<b>Kinuso Liquor Store</b>		Mon - Thurs Fri-Sat Sundays & Holidays	9:00am - 6:00pm 9:00am - 8:00pm 10:00am - 5:00pm
	<b>Howard's Swan Valley Service</b> Closed 12:00pm - 1:00pm	780-775-3506	Mon - Fri Saturday	8:00am - 6:00pm 9:00am - 5:00pm
	<b>Kinuso Municipal Library</b>	780-775-3694	Tuesday Thursday	3:18pm - 5:15pm 4:oopm - 7:00pm
	<b>Kinuso Agricultural Society</b>	780-775-2684	Mon/Tue/Fri	9:00am - 5:00pm
	<b>Swan River Gas Co-op</b> Closed 12:00pm - 1:00pm	780-775-3779 Emergency	Mon - Fri	9:00am - 4:30pm
	HP	<b>Twice is Nice Boutique</b> 5211-49th Street High Prairie	780-523-8503 780-618-6222	Wednesdays Thursdays

# COMMUNITY FACILITY RENTALS

## High Prairie Legion #37

Day rent	\$150 + \$250 D.D.
Full day with bar	\$350 + \$250 D.D.
Contact - Don or Brenda Ebbett 780.523.4668	

## High Prairie Elk's Hall

Hall rental (non-alcoholic/non-social)	\$500.00 + gst
Hall rental (social/alcohol)	\$1000 + gst
Damage deposit	\$2,000
Janitorial	\$350

Contact - 780.523.3724

## St. Paul's Roman Catholic Church Hall

Full day/funeral gathering	\$150
Less than full day	\$75
Damage Deposit	\$200

*Rent and damage fee doubled with alcohol  
Other fees may be applicable*

Contact - Diana 780.523.8503 or  
Father Eucharius 780.523.3140

## Big Meadow Hall

Daily hall rent	\$500 +\$500 D.D.
Additional days	\$200

Contact - Stella Sware 780.523.2009

## Enilda W.I. Hall

Daily hall rent	\$500 +\$500 D.D.
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Contact - Enilda Bowling Alley 780.523.4211

## Prairie Echo Community Hall

Weekend rental	\$500 + \$500 D.D.
Day rental	\$300 + \$300 D.D.
hourly rate	\$25 + \$300 D.D.

Contact - Sarah 780.536.0894

## Joussard Community Association

Full day function (Meetings, showers, funerals)	\$300.00 +\$200 DD
Weddings/Reunions	\$800.00+\$300 DD
Community development workshops	No charge/no DD

Contact - Jeanette 780.536.1028

## Pioneer Thresherman's Triangle Hall

Weekend rate: Fri 12pm - Sun 2pm	\$1,000 +\$1000 D.D.
Full day	\$500 +\$500 D.D.
Funeral (full day)	\$300
Church (all day)	\$100
Dishes (plates, glassware, cutlery)	\$250
RV plug-in flat rate (per weekend)	\$50
Deposit at time of booking (non-refundable; credited to rental fee)	\$250
Contact - Mandy 780.523.1156	

## Joussard Homesteaders Hall

Regular hall rent (+\$150 if prep evening before)	\$300 +\$200 D.D.
weddings (full day; +\$150 if prep evening before)	\$300 +\$200 D.D.
Meeting rate (half day)	\$100
Funerals & afternoon	\$150
Afternoon or evening event	\$100 +\$150 D.D.
Contact - Kathy -780776.2204 or Lorene - 780.523.1399	

## Kapawe'No Community Hall

Regular hall rental	\$275 + \$100 D.D.
Rent tables & chairs to take to venue	\$50
Contact - 780.751.3800	

## Sunset House Community Hall

Community Center	\$300 + \$500 D.D.
-each additional day after	\$200
Kitchen only	\$100
Funerals	\$150
Gym use for games	\$20/hr
Meetings rooms	\$20/hr
Contact - Andrea 780.623.1016	

## Banana Belt Hall

Half day (Birthday Parties, Classes, etc.)	\$175 +\$175 D.D.
Full day	\$350 +\$350 D.D.
Weekend (Wedding, Reunions)	\$700 +\$700 D.D.

Bar service (min. 3 servers hired) Renter provides liquor and supplies	TBD
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Bar service Hall provides liquor, supplies, and servers	TBD
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Contact - Darla Driscoll 780.523.0624

## Central Slave Lake Agricultural Society

Hall rental security/damage deposit	\$500
Hall rental	\$500
Warming trays	\$20 each
Hall - special circumstances - deposit	\$500
Funerals	\$150
Wakes	\$250
Workshops	\$250 <sup>half day</sup> \$350 <sup>full day</sup>
Kitchen use	+ \$100
Curling rink security/damage deposit	\$500
Rink rental (off-season)	\$250
Bonspiels - ice rental	\$250 <sup>per day</sup>
Bonspiels - with use of hall	\$250
More than 25 rinks	\$550
Schools/Private rentals	\$100
Curling lounge deposit	\$250
Curling Lounge	\$250
Community Centre deposit	\$250
Community Centre	\$75
Any event serving alcohol	+\$100

Contact - Merry-Lee 780.775.2684  
Mon/Tues/Fri 9:00am-4:30pm

## Faust Multicultural Gathering Place

Small hall - hourly rate	\$25.00
Meetings half day	\$60
Meetings full day	\$100
Private events with liquor <sup>(served by FCA)</sup>	\$250
Kitchen 6 hours	\$100
All the above damage deposit	\$100
Other functions full day	\$150 <sup>+\$150 D.D.</sup>
Damage deposit for above	\$150
Large hall	
Small event hourly rate	\$100 <sup>+\$100 D.D.</sup>
Full day (8hrs)	\$500 <sup>+\$500 D.D.</sup>
Meetings only	\$250 <sup>+\$150 D.D.</sup>

Contact - Lynn Shewchuk 780.355.3566 or  
403.352.6318

## High Prairie Agricultural Society Arena

Arena rental - members	30/hr.
(Members only rental rate for members in good standing)	
Prime time (weekdays 6pm-10pm, Weekends 11am onwards) requires a minimum of 2 hour booking	60/hr.
Arena rental	60/hr.
(Minimum 2 hour booking required between Oct & April 5pm-10pm)	
Arena day rental	\$660/day
(non-commercial use 24 hour day = 7am-7pm the following day, Day = 9am-5pm) ARENA ONLY	
	(24 hours) \$300/day (8 hours) DD equal to rent
Upstairs meeting room	\$30/hr.
	if cleaned by renter
	\$90 for 3+ hours;
	\$75 if cleaned by renter

Contact - hpagsociety@hotmail.com

## Spruce Point Park Multi Recreational Building

Complete Center	
Day rate	\$700
Weekend rate	\$1400
Weekend rate + 1 extra day	\$2100
Arena	
Daily rate	\$300 <sup>per day</sup> <i>or</i> \$50 <sup>per hour</sup>
Weekend rate	\$600
Weekend rate + 1 day	\$900
Kitchen Only	
Daily rate	\$400
Weekend rate	\$800
Weekend rate + 1 day	\$1200
Meeting Room	
Daily rate	\$100
Weekend rate	\$200
Weekend rate + 1 extra day	\$300

*Reservation deposit required at time of booking. Damage deposit required min. 3 days before rental. GST calculated on reservation deposit.*

Contact - Spruce Point Park 780.775.3805



# **BIG LAKES** **COUNTY** **COUNCIL**

**GARRETT ZAHACY**  
Ward 1  
Heart River/Salt Prairie

Box 262 High Prairie, AB T0G 1E0  
C: 780-523-6872  
[ward1@biglakescounty.ca](mailto:ward1@biglakescounty.ca)

**JEFF CHALIFOUX**  
Ward 2  
Grouard

Box 21 Grouard, AB T0G 1C0  
H: 780-751-3841  
C: 780-523-1115  
[ward2@biglakescounty.ca](mailto:ward2@biglakescounty.ca)

**JIM ZABOLOTNIUK**  
Ward 3  
Gilwood N./Triangle

Box 1126 High Prairie, AB T0G 1E0  
H: 780-523-5157  
C: 780-523-8656  
[ward3@biglakescounty.ca](mailto:ward3@biglakescounty.ca)

**ROBERTA HUNT**  
Ward 4  
Kinuso

Box 391 Kinuso, AB T0G 1K0  
C: 780-805-9076  
[ward4@biglakescounty.ca](mailto:ward4@biglakescounty.ca)

**ROBERT NYGAARD**  
Ward 5  
Faust

Box 128 Faust, AB T0G 0X0  
H: 780-355-2735  
C: 780-523-8391  
[ward5@biglakescounty.ca](mailto:ward5@biglakescounty.ca)

**RICHARD MIFFLIN**  
Ward 6  
Joussard

Box 254 Joussard, AB T0G 1J0  
C: 780-916-9290  
[ward6@biglakescounty.ca](mailto:ward6@biglakescounty.ca)

**LANE MONTEITH**  
Ward 7  
Enilda/Big Meadow

Box 244 Enilda, AB T0G 0W0  
H: 780-523-2836  
C: 780-523-7681  
[ward7@biglakescounty.ca](mailto:ward7@biglakescounty.ca)

**TYLER AIRTH**  
Ward 8  
Banana Belt/HP East

Box 1967 High Prairie, AB T0G 1E0  
C: 780-512-9174  
[ward8@biglakescounty.ca](mailto:ward8@biglakescounty.ca)

**ANN STEWART**  
Ward 9  
Sunset House/Gilwood S.

Box 660 High Prairie, AB T0G 1E0  
H: 780-523-2590  
C: 780-523-7282  
[ward9@biglakescounty.ca](mailto:ward9@biglakescounty.ca)

## **BIG LAKES COUNTY** **WASTE CENTRES**

**24/7 Public Works On Call:**  
**780-523-8806**

**Manned Transfer Sites**  
**Winter Hours effective**  
**October 1 - March 31**

**Wednesdays & Sundays**  
**11:00am - 6:00pm**

<b>Banana Belt</b>	PT(SW)-11-73-17-W5
<b>Faust/Kinuso</b>	SE-07-73-10-W5
<b>Grouard</b>	PT(NE)-32-75-14-W5
<b>Heart River</b>	NE-31-76-17-W5
<b>Joussard</b>	NW-33-73-13-W5
<b>H.P./Gilwood</b>	NW-24-74-18-W5

## **Regional Landfill**

**NW-9-73-15-W5 780-523-5760**

**Monday/Thursday/Saturday**  
**10:00am - 5:00pm**

Closed Christmas Day, Boxing Day, New  
Years Day, Easter Sunday

Manned transfer stations may be closed during inclement weather or other conditions that pose a risk to personnel and public. Such closing may occur without any notice.

No verbal or physical abuse of any kind shall be tolerated by attendants or staff. Authorities will be contacted immediately.

### **PLEASE NOTE:**

**The gravel stock piles at the transfer stations are not for public use. Anyone caught taking gravel will be reported to local authorities.**