

Big Lakes Bulletin

February 2024



Big Lakes
COUNTY



This newsletter provided by Big Lakes
Family and Community Support Services

BIG LAKES FCSS

Emergency Preparedness Tips

Knowing your rural address is extremely important in the case of an emergency, especially if you are evacuated. You will be asked for this information when you register at a reception centre.

If you find it difficult to remember, take a picture of your blue sign outside your house and store it on your phone or on a USB drive that you carry with you.

That way you have it when you need it!

If other first responders are ever dispatched to your home, being able to tell them your rural address (blue sign address) could save your life!

FEBRUARY OFFICE CLOSURES

ENILDA	February 2 February 16-19
FAUST	February 2 February 9 February 16-19
GROUARD	February 2 February 16-19
HIGH PRAIRIE	February 2 February 16-19
JOUSSARD	February 2 February 16-19
KINUSO	February 2 February 16-19

Please note: Hours are subject to change due to events, meetings, training, weather, etc.
FCSS Outreach workers do not answer the phone when assisting clients.
Please leave a message with your name and phone number and we will contact you as soon as we can.

OUR OFFICES

Joussard FCSS Office

2-2nd Street W, Box 103, Joussard, AB T0G 1J0 Fax: 780-776-3821
Open: Monday - Friday 8:15am-4:00pm

FCSS Manager - Nicole Hanna

Ph: 780.776.0008 C: 780.523.0108
nhanna@biglakescounty.ca

FCSS Admin Support - Tori Dumaresque

Ph: 780.776.3811 C: 780.507.5096
tdumaresque@biglakescounty.ca

Joussard Outreach Worker - Danielle Cox

Open: Tues & Thurs 8:15am - 4:00pm

Ph: 780.776.3811 C: 780.523.7911
dc Cox@biglakescounty.ca

Grouard FCSS Office

Grouard Firehall - 6C 3rd Ave NE, Box 100, Grouard, AB T0G 1C0 Fax: 780-751-3807

Grouard Outreach Worker - Danielle Cox

Open: Mon/Wed/Fri 8:15am-4:00pm

Ph: 780-751-3806 C: 780-523-7911
dc Cox@biglakescounty.ca

High Prairie FCSS Office

Room 203, 4723-53rd Ave, Box 179, High Prairie, AB T0G 1E0 Fax: 780-523-4902

High Prairie Outreach Worker - Nancy Marquardt

Open: Mon/Tues/Thurs/Fri 8:15am - 4:00pm

Ph: 780-536-0062 C: 780-507-3842
nmarquardt@biglakescounty.ca

Enilda FCSS Office

Enilda Firehall - 13 Railway Ave, Enilda, AB T0G 0W0, AB T0G 0W0 Fax: 780-523-5933

Enilda Outreach Worker - Nancy Marquardt

Open: Wednesday 8:15am - 4:00pm

Ph: 780-523-5925 C: 780-507-3842
nmarquardt@biglakescounty.ca

Faust FCSS Office

Faust Firehall - 5 Spruce St., Box 206, Faust, AB T0G 0X0 Fax: 780-355-3000

Faust Outreach Worker - Patsy Campion

Open: Mon/Wed/Fri 8:15am - 4:00pm

Ph: 780-355-3896 C: 780-507-3841
pcampion@biglakescounty.ca

Kinuso FCSS Office

Big Lakes County Satellite Office - 51 Centre St., Box 57, Kinuso, AB T0G 1K0 Fax: 780-775-3571

Kinuso Outreach Worker - Patsy Campion

Open: Tues & Thurs 8:15am - 4:00pm

Ph: 780-775-3666 C: 780-507-3841
pcampion@biglakescounty.ca

NEED A RIDE?

Call us!

The Big Lakes Bus is available for everyone!

1-877-925-2537

BOOK YOUR SEAT TODAY!

Tuesdays	HIGH PRAIRIE County resident pick-ups only	\$20
Wednesdays	HIGH PRAIRIE High Prairie resident pick-ups only	\$10
Thursdays	SLAVE LAKE High Prairie and County resident pick-ups	\$30



FREE INCOME TAX FILING SERVICE WITH CRA TRAINED VOLUNTEERS

FOR PEOPLE WITH A MODEST INCOME AND A SIMPLE TAX SITUATION



Eligible

- Your annual income is \$35000 or less
- Your family income is \$45000 or less (add \$2500 for each eligible dependant)
- You have less than \$1000 in investment income
- You have a simple tax situation

Ineligible

- You have employment expenses, business or rental income/expenses
- You are self-employed
- Anyone who is deceased
- You have capital gains or losses
- You have major investments/RRSP/stocks/mutual funds/RESP
- You have filed bankruptcy

We are only able to serve residents of Big Lakes County and the Town of High Prairie.
Please bring valid photo ID and proof of residence to your appointment.
Grant funding for this program provided by the Government of Canada.



Book an appointment at your
local FCSS office.



FAMILY Day in BIG LAKES COUNTY!

**Saturday
February
17**

Joussard Kids Can Catch Family Day Event JCA Hall

Hosted by Big Lakes FCSS, LSWC, JCA

11:00am - 12:00pm	Free pancake breakfast from FCSS
12:00pm - 12:30pm	Fish handling talk
12:30pm - 4:00pm	Fishing, activities at the hall, Skating
4:00pm	Return all fishing equipment to LSWC
4:00pm - 5:00pm	Free Chili Supper
6:00pm	Fireworks

**Sunday
February
18**

Enilda Family Day Event - Enilda WI Hall

Hosted by Big Lakes FCSS and Enilda Fire Department

9:00am - 11:00am	Free pancake breakfast
10:00am	Enilda Bowling Alley
	Toonie Bowling!
	\$2/person/game
	max of 2 games; rent your shoes
1:00pm	Pioneer Thresherman's Triangle Hall
	Hot dogs, hot chocolate & outdoor fun

**Monday
February
19**

Faust Pancake Breakfast

8:30am - 10:30am

Faust Multicultural Gathering Place

Hosted by Big Lakes FCSS and Faust Fire Department

Kinuso Pancake Breakfast

8:30am - 10:30am

Kinuso Firehall

Hosted by Big Lakes FCSS and Kinuso Fire Department

High Prairie Pancake Breakfast

9:00am - 11:00am

High Prairie Children's Centre

Hosted by Big Lakes FCSS, HPFD, and CRC

Grouard Pancake Brunch and Crafts

11:00am - 1:00pm

Northlands School Gym

Hosted by Big Lakes FCSS and Peace Library Systems

Big Lakes Volunteer Recognition

We are accepting nominations for our Volunteer Appreciation events in Big Lakes County! National Volunteer Week is April 14-20, 2024 and is an opportunity to celebrate the vibrancy and impact of volunteerism in our community and across our country. Any group or individual may submit one or more nominations to Big Lakes FCSS.

Nomination forms can be picked up at the County office, the Town office, all FCSS outreach offices or filled out on our website.

The nomination deadline is March 27, 2024.

All nominees must live in Big Lakes County or the Town of High Prairie and meet the eligibility criteria. Visit our website for more information and to fill out a nomination form, or call 780-776-3811.

www.biglakescounty.ca

Canadian Dental Care Plan

The Canadian Dental Care Plan launched in December of 2023. It is a federally delivered public plan eligible to Canadian residents who do not have access to dental insurance and have an adjusted family net income of less than \$90,000.

Please watch for letters in the mail with your personalized application code and instructions on how to apply!

Canadian Dental Care Plan Phased Rollout

AGE GROUP

Seniors aged 87 and above
Seniors aged 77 to 86 years
Seniors aged 72 to 76 years
Seniors aged 70 to 71 years
Seniors aged 65 to 69 years
Adults with a valid Disability Tax Credit certificate
Children under 18 years old
All remaining eligible Canadian residents

APPLICATION OPEN

Starting December 2023
Starting January 2024
Starting February 2024
Starting March 2024
Starting May 2024
Starting June 2024
Starting June 2024
Starting 2025

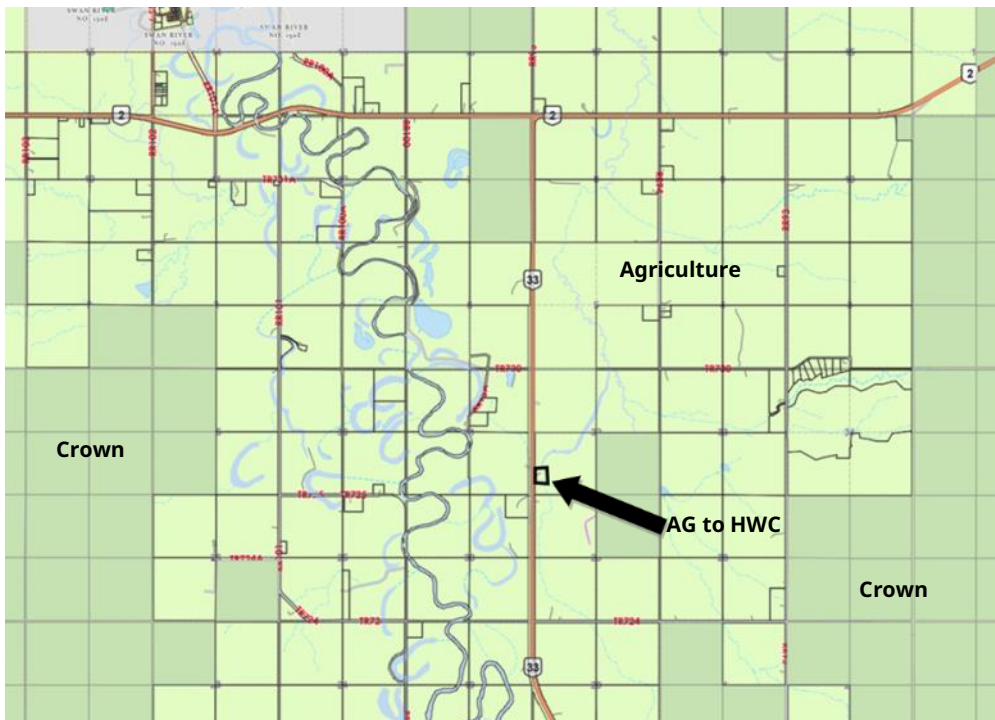
CANADA.CA/DENTAL

Canada

Notice of Public Hearing

Land Use Bylaw Amendment

Council for Big Lakes County is considering a proposed amendment to the Big Lakes County Land Use Bylaw No. 03-2017. The purpose of proposed Bylaw No. 21-2023 is to re-district Plan 242 ____, Block 1, Lot 1 within SW 32-72-09-W5 south of the Hamlet of Kinuso from the Agriculture (AG) District to Highway Commercial (HWC) District as shown on the accompanying sketch:



Plan 242 ____, Block 1, Lot 1 within SW 32-72-09-W5 proposed re-districting from Agriculture (AG) District to Highway Commercial (HWC) District as shown on the above sketch.

Copies of the proposed Land Use Bylaw Amendment may be examined by contacting the office of the County Administration Office between the hours of 8:15 a.m. to noon and 12:30 p.m. to 4:00 p.m., Monday to Friday.

Any person, group of persons, or person representing them who claims to be affected by the proposed bylaw amendment may make an oral or written submission to Council for consideration. If you would like to make a presentation to Council, contact Big Lakes County at 780-523-5955.

The Public Hearing will be held on **February 14, 2024 at 1:00 p.m.** in the Council Chambers at the Big Lakes County Administration Office. Council will consider any oral or written presentations with respect to the proposed Land Use Bylaw amendment.

For more information contact Pat Olansky, Director of Planning & Development.

February 2024 Workshops for Adults by ZOOM

**Be Supported on your Journey to Better Health
– Right from Home!**

Managing Diabetes

A 3 session workshop for those newly diagnosed with diabetes or pre-diabetes, as well as a refresher for those continuing to manage their diabetes.

Overview

Feb 7	Wed	9:30am to 12:00pm
Feb 15	Thurs	1:30pm to 4:00pm

Nutrition

Feb 13	Tue	5:30pm to 7:00pm
Feb 14	Wed	9:30am to 11:00am
Feb 22	Thurs	1:30pm to 3:00pm

Ongoing Care

Feb 20	Tue	5:30pm to 8:00pm
Feb 21	Wed	9:30am to 12:00pm
Feb 29	Thurs	1:30pm to 4:00pm

Heart & Stroke

Learn to manage your blood pressure and cholesterol as well as understand the risks for heart disease and stroke.

Overview & Prevention

Feb 6	Tue	9:30am to 11:00am
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Nutrition

Feb 13	Tue	9:30am to 11:00am
Feb 28	Wed	5:30pm to 7:00pm

Better Choices, Better Health

Build skills to help overcome the physical and emotional challenges and manage your health

Living with a Chronic Condition

Jan 16 to Feb 20	Tue	1:30pm to 4:00pm
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Living with Chronic Pain

Feb 7 to Mar 13	Wed	6:00pm to 8:30pm
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Getting to know COPD

Feb 28	Wed	1:30pm to 3:00pm
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Weight Management

Learn effective weight management strategies and how to build healthier habit. Understand ways that thinking patterns, sleep, physical activity and nutrition impact your goals.

Series 1—Classes 1.1, 1.2, & 1.3

Feb 12, 26, & Mar 4	Mon	1:30pm to 4:00pm
Feb 13, 27 & Mar 5	Tue	9:30am to 12:00pm

Series 2—Classes 2.1, 2.2, & 2.3

Feb 6, 13, & 20	Tue	9:30am to 12:00pm
Feb 7, 27, & 21	Wed	5:30pm to 8:00pm
Feb 8, 15, & 22	Thurs	1:30pm to 4:00pm

Series 3—Classes 3.1 & 3.2

Feb 29 & Mar 7	Thurs	1:30pm to 4:00pm
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Moving Matters

Discuss methods of getting moving safely and learn how this can help you. Explore what gets in your way and make a plan to get started, stay motivated and have fun.

Feb 12	Mon	5:30pm to 8:00pm
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Supervised Exercise Program -Virtual Classes-

This program meets 2 times per week, 1.5 hours/session for 6 weeks to exercise in a group setting with people with a variety of health conditions.

NEW SESSIONS STARTING IN MARCH/APRIL

Managing Stress

In this 2 part series you will learn techniques to reduce, prevent, and cope with stress.

Feb 22 & 29	Thurs Mornings	9:30am-12:00pm
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To register for a Zoom class call:

1-877-349-5711

Or

<https://www.healthylivingprogram.ca>



**Alberta Health
Services**

Alberta Healthy Living
Program

HIGH PRAIRIE GOLDEN AGE CLUB

Sundays 1:30pm - Crib
Thursdays 7:00pm - Bridge
Fridays 1:30pm - Trump Whist

Membership - \$20/year

Some activities have a nominal activity fee
A \$1 coffee donation is expected at each activity

4824-53rd Avenue, High Prairie
next to the town office

Golden Age Club Seniors 50+ Family Day Crib

Sunday, February 18
1:30pm-4:00pm
\$2/person entry fee
6 games



SENIORS' BISTRO

FREE LIGHT LUNCH FOR SENIORS

2ND AND 4TH TUESDAY 11:30AM

NAZARENE CHURCH

AA Meetings

Mondays & Fridays 7:30pm
High Prairie Nazarene Church
(4900-59 Ave)

Wednesdays 7:00pm
Grouard

Brown Building behind
Kapawe'no Hall #55



Third Saturday of every month

Saturday, February 17

1:00pm-5:00pm
Triangle Hall



Pioneer Threshermans
Monthly Meetings

First Monday of every month 7:30pm
@ Triangle Hall

Kokum's Outreach presents:

Family Sober Dance

April 13, 2024

1:00pm - 6:00pm

Joussard Community Hall

Featuring "The Troubadours"

Door Prizes (Must be present to win)

1 - 14 food Tipi

2 - PS5 Decks

1 - iPhone 15

Free lunch provided 3:00pm - 4:00pm

Crowd & on floor spot dances

Security on site

Plus much more!

THIS IS AN ALCOHOL & DRUG FREE EVENT

#SupportingRecovery2024

Kokum's Outreach, sponsors & volunteers will not be liable for any injuries or lost items during this event

For more information contact
Kokum's Outreach at 780-507-1047

Kokum's Outreach is hosting "CREATION STATIONS"

**WHEN: February 10th, 2024
10am - 3pm**

WHERE: Joussard Community Hall

**One fee of \$40 for 1 or 2 sessions (18+)
Includes free lunch**

MORNING SESSIONS 10am - Noon

Fish Scale Art with Roxy Ominayak (10 spots)

Toque Making with Geraldine Anderson (10 spots)

Healing Through Painting with Traci Hansen (10 spots)

AFTERNOON SESSIONS 1pm - 3pm

Healing Through Painting with Todd Kachuk (10 spots)

Mini Tipi Making with Roxy Ominayak (10 spots)

Mini Fabric Wall Hangings with Geraldine Anderson (10 spots)

Call April Isadore to Register (780)507-1047



St. Paul's Roman Catholic Church

Mass
Saturday - 7:00p.m.
Sunday - 10:30a.m.

PLEASE JOIN US!

4633-52nd Avenue, High Prairie
Telephone: 780-523-3140
Father Lawrence Odoemena
pastor.stpauls@gmail.com
Facebook: St. Paul's Catholic Church

Enilda Bowling Alley

Weekly League Bowling

Monday	1:00pm - 3:00pm 7:00pm - 9:00pm
Wednesday	7:00pm - 9:00pm
Thursday	1:00pm - 3:00pm 7:00pm - 9:00pm

Public Bowling Hours

Friday

Glowball	6:00pm - 10:00pm
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Saturday

Youth Fun Bowl	10:00am - 12:00pm
General	12:00pm - 4:00pm
Glowball	6:00pm - 10:00pm

Sunday

General	12:00pm - 4:00pm
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Private bookings available

780-523-4211 W.I. Drive, 1st Ave, lot 808 Enilda, AB

~Enilda~ FARMERS MARKET

W.I. Community Hall
First Saturday of each month
10AM - 2PM

Upcoming Dates:
Saturday, February 3
Saturday, March 2

 [EnildaFarmersMarket](#)

Enilda & District Society for Recreation & Culture

**Meetings are held the second
Sunday of the month at the
Enilda Bowling Alley**

Next Meeting:

Sunday, February 11th
6:30pm

Youth Fun Bowl

Saturday mornings
10:00am - 12:00pm

\$5 per child

Ages 5 to 18



**Join us at the
Big Meadow Hall!**
Every Tuesday at 7:00pm

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>FEBRUARY 2024</div>				1 <u>Big Lakes Bus to SL HP & County pick-ups</u> Joussard Mass 8:30am Sewing Group Homesteaders 9:30am HP Golden Age Bridge 7:00pm	2 Kinuso Skeeter's Bonspiel Joussard Mass 8:30am Kinuso Seniors Coffee 10:00am HP Golden Age Whist 1:30pm	3 Joussard Mass 8:30am Enilda Farmer's Market 10:00am HP St. Paul's Church 7:00pm
4 Joussard Mass 10:00am Grouard Mass 10:30am HP St. Paul's Church 10:30am Crib @ HP Golden Age 1:30pm Faust Anglican Church 1:30pm	5 JCA Movement Mondays 10:00am Kinuso Ladies Time Out 7:00pm	6 <u>Big Lakes Bus to HP County pick-ups</u> Joussard Mass 8:30am HP Golden Age Coffee 10:00am Kinuso Seniors Coffee 1:00pm Big Meadow Hall Whist 7:00pm	7 <u>Big Lakes Bus in HP HP pick-ups</u> Joussard Mass 8:30am \Kinuso Well Child Clinic 11:00am Grouard Seniors Lunch 12:00pm Kinuso Bingo 5:30pm Homesteaders Supper 6:00pm Kinuso Girl Guides 6:30pm Homesteaders Cards 7:30pm	8 <u>Big Lakes Bus to SL HP & County pick-ups</u> Joussard Mass 8:30am Sewing Group Homesteaders 9:30am HP Golden Age Bridge 7:00pm	9 Joussard Mass 8:30am Kinuso Seniors Coffee 10:00am HP Golden Age Whist 1:30pm	10 Joussard Mass 8:30am Creation Stations in Joussard 10:00 HP St. Paul's Church 7:00pm
11 Kinuso Church 9:00am Joussard Mass 10:00am Grouard Mass 10:30am HP St. Paul's Church 10:30am Crib @ HP Golden Age 1:30pm EDSRC Meeting 6:30pm	12 JCA Movement Mondays 10:00am Kinuso Ladies Time Out 7:00pm	13 <u>Big Lakes Bus to HP County pick-ups</u> Joussard Mass 8:30am HP Golden Age Coffee 10:00am Seniors Bistro 11:30am Kinuso Seniors Meeting 1:00pm Big Meadow Hall Whist 7:00pm	14 <u>Big Lakes Bus in HP HP pick-ups</u> Joussard Mass 8:30am Grouard Seniors Lunch 12:00pm Kinuso Bingo 5:30pm Homesteaders Supper 6:00pm Kinuso Girl Guides 6:30pm Homesteaders Cards 7:30pm	15 <u>Big Lakes Bus to SL HP & County pick-ups</u> Joussard Mass 8:30am Sewing Group Homesteaders 9:30am HP Golden Age Bridge 7:00pm	16 Joussard Mass 8:30am Kinuso Seniors Coffee 10:00am HP Golden Age Whist 1:30pm	17 Joussard Mass 8:30am Joussard Kids Can Catch Family Day Event 11:00am Triangle Jamboree 1:00pm HP St. Paul's Church 7:00pm
18 Enilda Family Day Event 9:00am Enilda Toonie Bowl 10:00am Triangle Family Day Event 1:00 Crib @ HP Golden Age 1:30pm Joussard Mass 10:00am Grouard Mass 10:30am HP St. Paul's Church 10:30am	19 County/FCSS Offices Closed Faust Family Day Event 8:30am Kinuso Family Day Event 8:30am High Prairie Family Day Event 9:00am Grouard Family Day Event 11:00am JCA Movement Mondays 10:00am Kinuso Ladies Time Out 7:00pm	20 <u>Big Lakes Bus to HP County pick-ups</u> Joussard Mass 8:30am HP Golden Age Coffee 10:00am Kinuso Seniors Coffee 1:00pm Big Meadow Hall Whist 7:00pm	21 <u>Big Lakes Bus in HP HP pick-ups</u> Joussard Mass 8:30am Grouard Well Child & Tiny Teeth Clinic 11:00am Grouard Seniors Lunch 12:00pm Kinuso Bingo 5:30pm Homesteaders Supper 6:00pm Kinuso Girl Guides 6:30pm Homesteaders Cards 7:30pm	22 <u>Big Lakes Bus to SL HP & County pick-ups</u> Joussard Mass 8:30am Sewing Group Homesteaders 9:30am HP Golden Age Bridge 7:00pm	23 Kinuso Men's Bonspiel Joussard Mass 8:30am Kinuso Seniors Coffee 10:00am HP Golden Age Whist 1:30pm	24 Kinuso Men's Bonspiel Joussard Mass 8:30am HP St. Paul's Church 7:00pm
25 Kinuso Men's Bonspiel Kinuso Church 9:00am Joussard Mass 10:00am Grouard Mass 10:30am HP St. Paul's Church 10:30am Crib @ HP Golden Age 1:30pm	26 JCA Movement Mondays 10:00am Kinuso Ladies Time Out 7:00pm	27 <u>Big Lakes Bus to HP County pick-ups</u> Joussard Mass 8:30am HP Golden Age Coffee 10:00am Seniors Bistro 11:30am Kinuso Seniors Coffee 1:00pm Big Meadow Hall Whist 7:00pm	28 <u>Big Lakes Bus in HP HP pick-ups</u> Joussard Mass 8:30am Kinuso Well Child Clinic 11:00am Grouard Seniors Lunch & AGM 12:00pm Kinuso Bingo 5:30pm Homesteaders Supper 6:00pm Kinuso Girl Guides 6:30pm	29 <u>Big Lakes Bus to SL HP & County pick-ups</u> Joussard Mass 8:30am Sewing Group Homesteaders 9:30am HP Golden Age Bridge 7:00pm		



Faust Anglican Church

February 4, 2024 - 1:30pm

Royal Purple Avenue Faust, AB

GROUARD

Grouard Public Health

Located at Northern Lakes College

Services include Well Child clinics,
immunizations, baby follow-ups

Call Laurie, RN - 780-523-6452

Well Child Clinic Dates:

11:00am - 3:00pm

Wednesday, February 21

Tiny Teeth Clinic Dates:

11:00am - 3:00pm

Wednesday, February 21



GROUARD CEMETERY COMMITTEE

The Cemetery Committee held two more small events at the end of January to get more people involved in confirming the names and info about those buried in the cemetery. Of the nearly 1500 names we have:

- Over 200 still need clarification of some details (name spelling or who they are)
- 36 have not been added to FindaAGrave.com due to lack of detail.

Time is starting to run out on our ability to get all the names on the list prior to ordering the monument.

We want to thank the Calahasen family for \$1000 in donations for the monument. This donation was based on \$50/family member in the cemetery.

We are applying for funding from the Indigenous Reconciliation Fund, described as "A Catholic Commitment to Healing and Reconciliation", a Diocesan or Regional Application for Project Funding.

With so many ancestors and descendants having the same name it appears that the monument will also need to include dates (DOB, DOD) so descendants can find their loved ones more readily.

If you wish to talk to our Cemetery Research Coordinator, Therese, please contact her via email at grouardcem@gmail.com or by phone at 403.507.5559 (send a text and she will get back to you)

The Grouard Seniors Community Club

ANNUAL GENERAL MEETING

February 28th at 1:00pm
College Cafeteria

To participate in the meeting, your membership must be up-to-date for 2024. Membership is open to individuals 55 years and over who live, or have lived, within 30km of Grouard. Over 75 it's free.

Agenda:

- President's report
- Financial statements
- Elections

February seniors lunches
will be at the
Northlands School Elder's
Room every Wednesday at
noon.

See you there!



Dog Neutering

For the safety of the community, the Grouard Seniors are teaming up with the new veterinarian at the High Prairie Animal Hospital to encourage people from Grouard to get their outside male dogs neutered. Please call the vet at 780-523-3826 to make an appointment for your dog for their special clinic on February 6th and approach Manny or another Seniors executive member to get a cheque for half of the cost to take with you. The cost to you will only be about \$77.50 with the vet and seniors covering what usually costs between \$300 and \$500. This is for male dogs only at this time.



Our purpose: To provide friendly social times
Be caring support of members and the community

JOUSSARD COMMUNITY ASSOCIATION



**The next JCA meeting will be
February 12 at 7:00pm upstairs at the
JCA Hall. See you there!**

Motion Mondays!

Join us at the JCA Hall for some light exercises and stretching.

Mondays - 10am to 11am

**Please bring your indoor shoes, a mat,
blanket or pillow, and water.**

Free of charge

For more information contact

Jeanette at 780-536-1028



JOUSSARD HOMESTEADERS SOCIETY



**Come for supper and cards at the Homesteader's
Hall every Wednesday!**

Supper at 6:00pm - \$15/person

Cards (Whist) at 7:30pm - \$3/person

Sewing Group - Every Thursday

9:30-10:30 Coffee time

10:30-12:00 Project sewing

12:00-1:00 Bring your own lunch

1:00-3:30 Project sewing



High Prairie	February 17	10:00am	\$15.00 each
Smith	March 16	10:00am	\$15.00 each



St. Anne's Catholic Church Joussard

Mass

Sundays - 10:00am
Tuesday - Saturday 8:30 am

KINUSO

Kinuso Seniors Club

The next regular Kinuso Seniors Meeting will be on
Tuesday, February 13, 2024 at 1:00pm. Please join us!

*Kinuso Seniors
coffee
time*



**Tuesdays 1:00pm
Fridays 10:00am**

Kinuso Seniors Centre
All seniors welcome!

St. Felix Church Kinuso

February Dates:

Sunday, February 11 - 9:00AM

Sunday, February 25 - 9:00AM

Services are held on the 2nd, 4th & 5th
Sunday of every month

If anyone wishes to get baptized
or receive their First Communion
contact Gertie Cunningham
780-775-2265

Ladies Time Out

Mondays at 7:00pm

Kinuso Seniors Centre

Please join us!

CENTRAL SLAVE LAKE AGRICULTURAL SOCIETY



CURLING NEWS



Men’s Bonspiel is coming up February 23-25, 2024.
To register a team please contact
Nicole at 780-849-0379 or Tyrell at 780-805-1649.



IT’S BINGO TIME!

Wednesdays
at the Kinuso Ag Hall


- 5:30pm - Doors open
- 6:00pm - Cashier opens
- 6:30pm - Bonanza pre-call
- 6:45pm - Early Bird
- 7:00pm - Regular games

Bingo Balls will be Sold!!! Concession will be open. We hope to see you here!

Kinuso Public Health
#40 Centre Street Kinuso
Services include Well Child clinics,
immunizations, baby follow-ups
To book an appointment call
Jacquie, RN - 780-775-3501 or 780-523-6450

Well Child Clinic Dates: 11:00am - 3:00pm Wednesday, February 7 Wednesday, February 28	Tiny Teeth Clinic Dates: 11:00am - 3:00pm Wednesday, February 7
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Kinuso Community Girl Guides
Kinuso Ag Hall - Community Center
Wednesdays 6:30pm-8:30pm
Please bring your own
water bottle and indoor
shoes
Snack will be provided
For more information contact
Susanne at 780-843-4730



ATTENTION!

SKATING RINK HOURS

Monday	3:30pm - 9:00pm
Tuesday	3:30pm - 9:00pm
Wednesday	3:30pm - 9:00pm
Thursday	3:30pm - 9:00pm
Friday	3:30pm - 9:00pm
Saturday	1:00pm - 10:00pm
Sunday	1:00pm - 9:30pm

For general inquiries, you can reach us at +1-780-805-2477
Or
Kinuso Community Recreational Program on Facebook

Kinuso Community Association

Kinuso Municipal Library Art Contest

Open to adults and youth of any age
Prizes to be awarded

Photography, painting or drawing
Please bring art work to Susan Moody
at the library on Tuesday or Thursday
between 3:15pm and 5:00pm
Deadline is March 21, 2024

YES YOU CAN!

Reach your goals
with our Adult
Basic Education
program.



Students may be eligible for sponsorship of course tuition and learner resource fees through our Community Adult Learning Program.

DID YOU KNOW?
Tuition resource fees for most courses* include a laptop. Find out if you are eligible.
*Does not include Bel 301 Cree, as all resources are provided.

APPLYING ONLINE IS FREE!
Select Academic Upgrading and NLC will be in touch to help you with your Completion Plan!

The education you want. The flexibility you deserve.




www.northernlakescollege.ca/apply-now | 1-866-652-3456



AAA-000

Remember to renew your
vehicle registration in
February if your family
name or company name
begins with **M** or **Q**

COMMUNITY FACILITY RENTALS

High Prairie Legion #37

Day rent	\$150 + \$250 D.D.
Full day with bar	\$350 + \$250 D.D.
Contact - Don or Brenda Ebbett	780.523.4668

High Prairie Elk's Hall

Hall rental (non-alcoholic/non-social)	\$500.00 + gst
Hall rental (social/alcohol)	\$1000 + gst
Damage deposit	\$2,000
Janitorial	\$350
Contact -	780.523.3724

St. Paul's Roman Catholic Church Hall

Full day/funeral gathering	\$150
Less than full day	\$75
use of kitchen - additional fee	\$30
Damage fee w/signed agreement	\$150
Contact - Diana	780.523.8503 or
Father Lawrence	780.523.3140

Big Meadow Hall

Daily hall rent	\$500 +\$500 D.D.
Additional days	\$200
Contact - Stella Sware	780.523.2009

Enilda W.I. Hall

Daily hall rent	\$500 +\$500 D.D.
Contact - Enilda Bowling Alley	780.523.4211

Prairie Echo Community Hall

Weekend rental	\$500 + \$500 D.D.
Day rental	\$300 + \$300 D.D.
hourly rate	\$25 + \$300 D.D.
Contact - Sarah	780.536.0894

Pioneer Thresherman's Triangle Hall

Weekend rate: Fri 12pm - Sun 2pm	\$1,000 +\$1000 D.D.
Full day	\$500 +\$500 D.D.
Funeral (day)	\$300
Church (all day)	\$100
Dishes (plates, glassware, cutlery)	\$250
RV plug-in flat rate (per weekend)	\$50
Deposit at time of booking (non-refundable; credited to rental fee)	\$250
Contact - Mandy	780.523.1156

Joussard Homesteaders Hall

Regular hall rent (+\$150 if prep evening before)	\$300 +\$200 D.D.
weddings (full day; +\$150 if prep evening before)	\$300 +\$200 D.D.
Meeting rate (half day)	\$100
Funerals & afternoon	\$150
Afternoon or evening event	\$100 +150 D.D.
Contact Lorene -	780.523.1399

Kapawe'No Community Hall

Regular hall rental	\$275 + \$100 D.D.
Rent tables & chairs to take to venue	\$50
Contact -	780.751.3800

Sunset House Community Hall

Community Center	\$300 + \$500 D.D.
-each additional day after	\$200
Kitchen only	\$100
Funerals	\$150
Gym use for games	\$20/hr
Meetings rooms	\$20/hr
Contact - Andrea	780.623.1016

Banana Belt Hall

Half day (Birthday Parties, Classes, etc.)	\$175 +\$175 D.D.
Full day	\$350 +\$350 D.D.
Weekend (Wedding, Reunions)	\$700 +\$700 D.D.
Bar service (min. 3 servers hired)	TBD
Renter provides liquor and supplies	TBD
Bar service	TBD
Hall provides liquor, supplies, and servers	TBD

Contact - Darla Driscoll 780.523.0624

COMMUNITY FACILITY RENTALS

Central Slave Lake Agricultural Society

Hall rental security/damage deposit	\$500
Hall rental	\$500
Warming trays	\$20 each
Hall - special circumstances - deposit	\$500
Funerals	\$150
Wakes	\$250
Workshops	\$250 ^{half day} \$350 ^{full day}
Kitchen use	+ \$100
Curling rink security/damage deposit	\$500
Rink rental (off-season)	\$250
Bonspiels - ice rental	\$250 ^{per day}
Bonspiels - with use of hall	\$250
More than 25 rinks	\$550
Schools/Private rentals	\$100
Curling lounge deposit	\$250
Curling Lounge	\$250
Community Centre deposit	\$250
Community Centre	\$75
Any event serving alcohol	+\$100
Contact - Merry-Lee 780.775.2684	
Mon/Tues/Fri 9:00am-4:30pm	

Joussard Community Association

Full day function	
weddings, dances, parties	\$800.00 ^{+\$300 D.D.}
Meetings	\$300.00 ^{+\$200 D.D.}
Community family functions	
showers, birthdays, etc. not to exceed 4 hours, including set up and clean-up time	200 ^{+ \$200 D.D.}
Community funerals	300 ^{No D.D.}
Non-community funerals	300 ^{+ \$300 D.D.}
Community development workshops	no charge/no D.D.
Contact - Jeanette 780.536.1028	

Faust Multicultural Gathering Place

Small hall - hourly rate	\$25.00
Meetings half day	\$60
Meetings full day	\$100
Private events with liquor ^(served by FCA)	\$250
Kitchen 6 hours	\$100
All the above damage deposit	\$100
Other functions full day	\$150 ^{+\$150 D.D.}
Damage deposit for above	\$150
Large hall	
Small event hourly rate	\$100 ^{+ \$100 D.D.}
Full day (8hrs)	\$500 ^{+\$500 D.D.}
Meetings only	\$250 ^{+\$150 D.D.}
Contact - Lynn Shewchuk 780.355.3566 or 403.352.6318	

High Prairie Agricultural Society Arena

Arena rental - members	30/hr.
(Members only rental rate for members in good standing)	
Prime time (weekdays 6pm-10pm, Weekends 11am onwards) requires a minimum of 2 hour booking	60/hr.
Arena rental	60/hr.
(Minimum 2 hour booking required between Oct & April 5pm-10pm)	
Arena day rental	\$660/day
(non-commercial use 24 hour day = 7am-7pm the following day, Day = 9am-5pm) ARENA ONLY	(24 hours) \$300/day
	(8 hours) DD equal to rent
Upstairs meeting room	\$30/hr.
	if cleaned by renter
	\$90 for 3+ hours;
	\$75 if cleaned by renter
Contact - hpagsociety@hotmail.com	

Enilda Post Office Closed 12:00pm - 2:00pm		Mon & Thurs Tues & Fri Wednesdays	9:00am - 5:30pm 9:00am - 5:00pm 9:00am - 12:00pm
Faust General Store	780-355-3600	Mon - Sat Sundays	9:00am - 8:00pm 12:00pm - 6:00pm
Bigway Foods	780-751-3964	Mon - Fri Saturday Sunday	9:00am - 10:00pm 10:00am - 10:00pm 12:00pm - 10:00pm
Ferguson Market	780-751-2221	Sun - Sat	10:00am - 10:00pm
Jerry's Store	780-776-3833	Sun - Sat	9:00am - 10:00pm
Joussard Superette	780-776-3840	Sun - Thurs Fri & Sat	9:00am - 11:00pm 9:00am - 12:00pm
Joussard Post Office Closed 12:00pm - 1:00pm Mon-Thurs	780-507-7535	Mon - Wed Thursday Friday	10:00am - 4:00pm 10:00am - 6:00pm 10:00am - 1:00pm
Big Lakes County Satellite Office Closed 12:00pm - 12:30pm	780-775-3570	Tues/Wed/Thurs	8:15am - 4:00pm
BHunt Express	780-775-3930	Mon - Fri	8:30am - 5:00pm
Kinuso ATB Agency	780-775-3930	Mon - Fri	9:00am - 3:30pm
Kinuso Mercantile	780-775-3517	Mon - Sat	9:00am - 6:00pm
Kinuso Real Country Restaurant	780-775-3500	Mon - Sat Sunday	11:00am - 9:00pm 3:00pm - 8:00pm
Korner Kitchen	780-775-3768	Mon - Sat	8:00am - 8:00pm
Swan River Grocery Corp Ag Foods	780-775-3699	Mon - Thurs Fri & Sat Sunday/holidays	9:00am - 7:00pm 9:00am - 10:00pm 10:00am - 5:00pm
Kinuso Liquor Store		Mon - Sat Sunday	9:00am - 7:00pm 10:00am - 5:00pm
Howard's Swan Valley Service Closed 12:00pm - 1:00pm	780-775-3506	Mon - Fri Saturday	8:00am - 6:00pm 9:00am - 5:00pm
Kinuso Municipal Library	780-775-3694	Tue & Thurs	3:20pm - 5:00pm
Swan River Gas Co-op Closed 12:00pm - 1:00pm	780-775-3779 Emergency 780-849-1408	Mon - Fri	9:00am - 4:30pm
Twice is Nice Boutique 5211-49th Street High Prairie	780-523-8503 780-618-6222	Wednesdays Fridays	10:00am - 5:00pm 10:00am - 7:00pm

ABOUT THIS PUBLICATION

This newsletter is brought to you by Big Lakes Family & Community Support Services.

For submissions to this newsletter:

Email to: tdumaresque@biglakescounty.ca

Call Tori at 780-776-3811

Fax to: 780-776-3821 Attn: FCSS NEWSLETTER

Entries must be submitted by the 20th of each month to be published in the following month's newsletter. (E.g., Submissions for February must be submitted by January 20th, etc.)

Submissions may be edited or denied based on content and how they fit the mandate of this publication.



Advertising Rates 2023

Interested in advertising with us?
Contact Tori at 780-776-3811 or email:
tdumaresque@biglakescounty.ca

Commercial Advertising:
Business card size - \$100.00 for
six (6) months
Buy and sell ads - \$5.00/month

Advertisements may be approved or
denied at the discretion of the editor.



Community newsletters are available by
email and are shared on our Facebook
page every month.

Email or call Tori to be added to the
mailing list, or follow us on Facebook!



tdumaresque@biglakescounty.ca



780-776-3811



@BigLakesFCSS



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Sunset House/Gilwood S.

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BIG LAKES COUNTY **WASTE CENTRES**

24/7 Public Works On Call:
780-523-8806

Manned Transfer Sites

Winter Hours effective
October 1 - March 31

Wednesdays & Sundays
11:00am - 6:00pm

Banana Belt	PT(SW)-11-73-17-W5
Faust/Kinuso	SE-07-73-10-W5
Grouard	PT(NE)-32-75-14-W5
Heart River	NE-31-76-17-W5
Joussard	NW-33-73-13-W5
H.P./Gilwood	NW-24-74-18-W5

Regional Landfill

NW-9-73-15-W5 780-523-5760

Monday/Thursday/Saturday
10:00am - 5:00pm

Manned transfer stations may be closed during inclement weather or other conditions that pose a risk to personnel and public. Such closing may occur without any notice.

No verbal or physical abuse of any kind shall be tolerated by attendants or staff. Authorities will be contacted immediately.

PLEASE NOTE:

The gravel stock piles at the transfer stations are not for public use. Anyone caught taking gravel will be reported to local authorities.