

# Big Lakes Bulletin

DECEMBER 2022



Provided By:  
Big Lakes Family & Community Support Services

## ABOUT THIS PUBLICATION

This newsletter is brought to you by **Big Lakes Family & Community Support Services**

### For submissions to this newsletter:

Email to: [tdumaresque@biglakescounty.ca](mailto:tdumaresque@biglakescounty.ca)

Call Tori at 780-776-3811

Fax to: 780-776-3821 Attn: FCSS NEWSLETTER

**Submission deadline is the 20th of each month.**

Submissions may be edited or denied based on content and how they fit the mandate of this publication.

# BIG LAKES FCSS

## DECEMBER OFFICE CLOSURES

ENILDA	December 21 December 28 January 4
FAUST	December 2 December 19 December 23-January 6
GROUARD	December 2 December 15-20 December 26-January 2
HIGH PRAIRIE	December 2 December 19 & 20 December 23-January 6
JOUSSARD	December 15 & 20 December 26-30
KINUSO	December 2 December 20 December 27 - January 6

Hours are subject to change due to events, meetings, training, weather, etc.


FCSS Outreach workers do not answer the phone when assisting clients. Please leave a message with your name and phone number and we will contact you as soon as we can.



Community newsletters are available by email and are posted on our Facebook page every month.

Email or call Tori to be added to the mailing list, or follow us on Facebook!

 [tdumaresque@biglakescounty.ca](mailto:tdumaresque@biglakescounty.ca)

 780-776-3811

 @BigLakesFCSS



# NEED A RIDE?

## Call us!

### The Big Lakes Bus is available for all ages!

Book your seat today!

**1-877-925-2537**

Passengers under the age of 18 must be accompanied by an adult.



**EVERY  
TUESDAY**

**To High Prairie**  
County pick-ups only

**\$20.00**  
County residents

**EVERY  
WEDNESDAY**

**Within High Prairie**  
High Prairie pick-ups only

**\$10.00**  
High Prairie residents

**EVERY  
THURSDAY**

**To Slave Lake**  
High Prairie & County pick-ups

**\$20.00**  
High Prairie &  
County residents

## Enilda Community Meetings

The second Sunday of the month at the Enilda Bowling Alley

**Next Meeting:  
Sunday, December 11, 2022  
Beginning at 6:30pm**

For Enilda WI Hall Bookings call Enilda Bowling Alley at 780-523-4211

## WHIST

Big Meadow Hall  
Tuesdays @ 1:00pm

## Taekwondo Club

**Mondays & Wednesdays**

Beginners - 6:00pm-7:00pm  
Color belt - 7:00pm-8:00pm

For more information contact Beth Kramer  
780-523-6805

## Enilda Farmers Market

### W.I. Community Hall

First Saturday of each month!

Upcoming Dates:

**Saturday, December 3**  
**Saturday, December 17**

10:00am - 2:00pm

 [EnildaFarmersMarket](#)

## Enilda Bowling Alley

### Public Bowling Hours:

Friday 6pm - 10pm  
Saturday 6pm - 10pm  
Sunday noon - 4pm

Closed December 23 - January 6

We are looking for some weekend help!  
Please contact the Bowling Alley for more information.

780-523-4211  
W.I. Drive, 1st Ave, lot 808 Enilda, AB

## Grouard Public Health

Located at Northern Lakes College

Services include Well Child clinics, immunizations, baby follow-ups

To book an appointment call  
Laurie, RN - 780-523-6452

**Well Child Clinic Dates:**

**Wednesday, December 21**

**11:00am - 3:00pm**

**Tiny Teeth Clinic Dates:**

**Wednesday, December 13**

**11:00am - 3:00pm**



## Grouard Seniors

### Logo Contest

### Grouard Seniors Community Club

Things to consider:

- ◆ It should look good in a 2 inch or 5 cm square
- ◆ Not too complicated
- ◆ It should look good in black and white
- ◆ You can use up to four colours
- ◆ The words "Grouard Seniors" should somehow be included



There's lots of information on the internet about what makes a good logo design so do a little research first and then get your creative juices flowing.

Submit your designs to [grouardseniors@gmail.com](mailto:grouardseniors@gmail.com) by Tuesday, December

## St. Bernard Catholic Church

**Mass**

Mon/Tue/Thurs/Fri/Sat 9:00 a.m.

Wednesday 7:00 p.m.

Sunday 10:30 a.m.

**Confession:**

Saturdays 4:30 p.m. - 5:30 p.m.

or upon request

Father Bernard Akum (Awasume, SDV) will see those who are sick on Thursdays from 2:00 p.m. - 4:00 p.m. to offer healing prayers



## Board Meeting Highlights - October 21, 2022

### Superintendent's Highlights - Partnership with TELUS World of Science - Edmonton recognized with a National CASCADE award

Dr. Nancy Spencer-Poitras kicked off the Superintendent's Highlights with very exciting news! She informed the Board that Northland School Division's educational partnership with TELUS World of Science - Edmonton (TWOSE) won a Canadian Association of Science Centres (CASCADE) National Award. Northland and TWOSE received one of nine awards presented on October 13, 2022. Click on the website link to view the media release <https://tinyurl.com/yc245zwp>.

The implementation of a common high school calendar has great potential for increased student success. Spencer-Poitras discussed how a common high school timetable is benefitting student learning. A great example of this is happening between Northland Online School teachers and with students located in other Northland schools. Currently, students at Paddle Prairie School, Calling Lake School and Career Pathways School are taking courses they need to graduate via Zoom with the Northland Online School teachers. When students from these schools take these courses via Zoom, a teacher and support staff are in the classroom to provide support when needed.

### Awards and Celebrations - Board recognized Principals involved with the book *Finding Fire Within by Reconnecting with the Land*

In August, Northland School Division unveiled a new published book written by Northland students, with support from Elders. During the regular board meeting, the Board celebrated two principals who played a large role in the book creation.

Mistassiniy School Principal Karen Davies and J.F. Dion School Principal Angela Sanregret joined the Board meeting via Zoom to discuss everything that went into making the book a reality. The Board expressed their appreciation to Cenovus Energy for donating funds toward the project and to Ms. Davies and Ms. Sanregret for helping to organize this meaningful learning opportunity for students. Finding Fire Within by Reconnecting with the Land is just one example of how Northland supports Truth and Reconciliation and how local language and culture is woven into the curriculum.

Note: These writings do not constitute the official record of the Northland School Division. They are however, provided as general information relating to the action taken at board meetings. For further information, please call 780-624-2060 or 1-800-362-1360.

### Breakfast Club of Canada and Danone visit Northland school communities to celebrate agreement For immediate release – November 2, 2022



Northland School Division (NSD) welcomed a couple of education partners! The Breakfast Club of Canada and one of its corporate partners Danone Canada came to Mistassiniy School and Gift Lake School to celebrate an agreement they have in place with Northland School Division. The agreement supports eight Northland schools.

"We are thrilled to have a funding agreement in place with Breakfast Club of Canada and its corporate partners like Danone Canada," said Cathy Wanyandie, Board Chair. "The Board believes making sure sustainable funding and supports are in place to ensure students have access to a healthy breakfast is important. The Board would like to thank everyone who helped to make this agreement possible."

"I want to thank the Breakfast Club of Canada and Danone Canada for taking the time to visit two Northland communities," said Dr. Nancy Spencer-Poitras.

"Breakfast Club of Canada is very grateful to have had the opportunity to meet with inspiring and wonderful youth, elders, educators, Northland School Division leaders, and with community members," said Tommy Kulczyk, President & CEO of Breakfast Club of Canada. "We were moved to experience and feel the impact of a breakfast school program on children's lives. Throughout this journey, we are very fortunate to be able to count on dedicated partners such as Danone Canada who share the same value: breakfast for every child every day."

The Club helps reach more than 580,000 children in over 3,500 school programs in academic and community settings across the country. The ultimate goal: breakfast for every child, every day. A short video was put together to highlight the visit. Click on the website link to view the video <https://www.facebook.com/BreakfastClubDejeuner/videos/1622472321502364>.

For more information please contact Media Relations Manager Curtis Walty at 780-624-2060 ext. 6183 or [curtis.walty@nsd61.ca](mailto:curtis.walty@nsd61.ca).

## Grouard Seniors Cemetery Committee

The Grouard Seniors Cemetery Committee had a meeting with the Archbishop on October 31<sup>st</sup>.

We are still trying to identify the names of 67 people buried in the Grouard Cemetery. These graves have markers, but the names are either non-existent or unreadable.

Funeral cards have been a great source of information. We can:

- Borrow them to scan into our database
- Come and scan them at your house
- You can send us photos of the ones you have

Unfortunately, meeting at the cemetery is no longer an option with snow on the ground. We will be building a map package showing where the graves are that need to be identified. This package will be available to anyone interested.

We are still entering pertinent dates and information to the Find A Grave website. Please go take a look at <https://www.findagrave.com/> and see for yourself. If you type "Grouard" as the Cemetery Location and hit the search button it should take you to the Memorials page.

If you have any additional information for any of these memorials, please let us know.

If you wish to talk to Therese, please contact her via email at [grouardcem@gmail.com](mailto:grouardcem@gmail.com) or by phone at 403.507.5559 (send a text and she will get back to you).

## Faust Anglican Church

Community Prayer and worship.

Everyone is welcome.

Please join our Faust fellowship service

**Sunday, December 11 @ 1:30pm**

**Christmas Service - December 24 @ 11:00am**

Royal Purple Avenue Faust, AB



## Kinuso Public Health

#40 Centre Street Kinuso

Services include Well Child clinics,  
immunizations, baby follow-ups

To book an appointment call  
Jacquie, RN - 780-775-3501 or 780-523-6450

The Homecare Office is now open! For residents requiring  
homecare in Jousard, Faust, and Kinuso areas please call  
North Zone Continuing Care at 1-855-371-4122

### Well Child Clinic Dates:

11:00am - 3:00pm

Wednesday, December 7

Wednesday, December 21

### Tiny Teeth Clinic Dates:

11:00am - 3:00pm

Wednesday, December 21



## Kinuso Seniors

Coffee time at the Kinuso Senior Center  
Fridays at 10:00am & Tuesdays at 1:00pm.

Please join us!

New members are always welcome!

### Seniors Monthly Meeting:

Second Tuesday of every month  
Tuesday, December 13 @ 1:00pm

## Kinuso Seniors Christmas Social

Sunday, December 11, 2022  
Kinuso Seniors Centre  
Doors Open at 3:00pm  
Supper at 5:00pm



## *St. Felix Church Kinuso*

Church service the 2<sup>nd</sup>, 4<sup>th</sup> & 5<sup>th</sup> Sunday every month

### December Dates:

Sunday, December 11 - 9AM

Christmas Eve - Saturday, December 24 - 7PM

Sunday, December 25 - 9AM



## Wednesdays at the Kinuso Ag Hall!

Doors open at 5:30pm  
Cashier opens at 6:00pm  
Bonanza pre-call at 6:30pm  
Regular Games start at 7:00pm

Concession open.  
Hope to see you there!

## *Ladies Time Out*

Mondays at 7:00pm  
@ the Kinuso Seniors Centre





KINUSO AG HALL

## CHRISTMAS FARMERS MARKET

December 10, 2022. 10AM - 3PM

BAKING, CRAFTS,

ARTWORK, BEADING

AND SO MUCH MORE!

Accepting food bank donations

Kitchen will be open

To book a table contact  
Sharon at 780-805-4905

## Kinuso Winter Festival

Saturday, December 10 5PM - 8PM

Kinuso Ag Hall (by skating rink)

**COME ON OUT FOR SOME CHRISTMAS CHEER  
AND SUPPORT OUR LOCAL ORGANIZATIONS!**

Hot dogs!

Hot Chocolate!

Bannock!

Kitchen will be open; Cash only



Outdoor curling rink!

Fire pits to keep warm!

Games, caroling, lights!

Christmas trees for sale!



## Kinuso Lake-Side 4-H Club Report

Hello, my name is Mackenzie Plante and I am happy to be reporting to you once again as the club reporter. This year we have a few less members with six total. If you are not sure what 4-H is, we are a non-profit organization focussed on building strong leadership skills in the youth in Canada! Our motto is to "learn to do, by doing." Our clubs weigh-in for our beef projects was on October 28th and we were since then, able to start our beef projects. We voted on positions last meeting on November 7th, and they are as follows:

President: Summer Mason

Vice president: Morgan Saitz

Treasurer: Noah Pendrak

Secretary: Mackenzie Plante

Club reporter: Mackenzie Plante

Our leaders are as follows:

General leader: Kristen Mason

Assistant general leader: Emma Doerksen

Beef leader: Liam Mason

We are looking forward to participating in the Winter Carnival being put on by the AG Society on December 10th from 5pm-8pm. Come see us behind the AG hall in Kinuso, where we will have some furry friendly animals and some hot chocolate/ coffee. We are also looking forward to doing the Kinuso Lake-side 4-H Community Christmas Card again this year. If you don't know what it is, it is a giant Christmas Card our 4-H puts up as a fundraiser. It looks like this and it is put up beside J's One Stop and the Administration/FCSS Office: →



If you would like to purchase a spot with your name on it, it is \$5 and all profit goes to our 4-H club, we do accept e-transfer, you can text::

Mackenzie: (780)-805-4864 or Kristen: (780)-524-9716

I am hoping this year will be as great as last year. Thanks, Mackenzie Plante

## CENTRAL SLAVE LAKE AGRICULTURAL SOCIETY

Help us welcome our new staff:

**Merry-Lee Newcombe** is our new Office Manager. She has lived and worked in our area for decades and is excited to bring her administration talents to the Central Slave Lake Agricultural Society on a part-time basis. Regular office hours will be from 9:00 am to 5:00 pm on Mondays and Tuesdays (with a short lunch closure). Please give her a call at 780-775-2684 or send an email to [kinusoag@gmail.com](mailto:kinusoag@gmail.com) for rental information and facility schedules.

We are happy that **Ian Butler**, our new Ice Technician, has also joined our Society. Ian hails from Swan Hills and has many years of experience so he will be a great addition to our team.

The Ice is currently being installed and Regular curling is set to start in January with Open Ice Time and other events and activities scheduled for December.

The Regular Curling Fee for the 2022/2023 curling season has been reduced to \$540 per team which includes the GST. Please contact our office to register your team.

### SAVE THE DATES FOR OUR CURLING BONSPIELS

#### **Skeeter's**

tentatively scheduled during School Christmas Break

#### **Ladies**

January 27<sup>th</sup> and 28<sup>th</sup>, 2023

#### **Men's**

February 24<sup>th</sup> and 25<sup>th</sup>, 2023

#### **Logger's**

March 30<sup>th</sup>, 31<sup>st</sup>, April 1<sup>st</sup>, 2023

More information regarding curling will be released as it becomes available.

## Joussard Public Health

Homesteader's Hall

Services include Well Child clinics, immunizations, baby follow-ups

To book an appointment call  
Sharmaine, RN - 780-523-6450

### Well Child Clinic Dates:

**Tuesday, December 20**

**11:00am - 3:00pm**

### Tiny Teeth Clinic Dates:

**Tuesday, December 20**

**11:00am - 3:00pm**



## JOUSSARD HOMESTEADERS SOCIETY

### Tuesdays

Drop in morning coffee @ 10:00 a.m. - 11:30 a.m.

### Wednesdays

Whist series @ 7:30 p.m.

### Thursdays

Sewing group @ 10:00 a.m. Bring your lunch & your project.

## **Cook Wanted!**

The Joussard Homesteader Society is looking for a cook to prepare a full course meal once a week from now until April 30, 2023 every Wednesday for 6:00pm. The cook will be provided with funds weekly to purchase food for the meals.

Regular schedule is from mid-October to mid-March.

A Food Handler Certificate is required.

Please contact Guy or Kathy L'Heureux at 780-776-2204  
or Kathy cell, 780-536-7217 or Guy cell, 780-523-8647

## *Joussard Community Association Annual Christmas Supper*

**Everyone Welcome!**

Saturday, December 17, 2022  
5:00pm

Mini Crib Tournament 2:30pm  
Potluck Supper 5:00pm

J.C.A to provide turkey, ham,  
gravy, mashed potatoes, stuffing

## *Christmas Light-Up Contest*

Sign up to win!

**1st Prize \$300.00**

**2nd Prize \$200.00**

**3rd Prize \$100.00**

Look for sign up sheets at  
Jerry's General Store

**Deadline to enter:**  
**December 10th at 4:00pm**

**Judging will be December 15th at 7:00pm**

Sponsored by:  
Joussard Community Association

## Crib at the Legion

Join us at the High Prairie Legion  
every 3rd Sunday at 1:30pm

Light snack provided  
\$5/person All ages welcome!

October 16	February 19
November 20	March 19
December 18	April 16
January 15	(wind-up supper)

High Prairie Legion  
4721-51 Ave, High Prairie, AB T0G 1E0

## HIGH PRAIRIE GOLDEN AGE CLUB

Come join us! We are up and running and  
looking for new members with new ideas!  
The club is open to anyone 50 and over.

**Fridays and Sundays**  
**Doors open at 1:00pm**  
Crib, pool, shuffle board, floor shuffle  
board, and floor curling

Membership - \$20/year  
Some activities have a nominal activity fee  
A \$1 coffee donation is expected at each activity

4824-53rd Avenue, High Prairie  
Next to the town office



# Jamboree

Third Saturday of every month  
**Saturday, December 17, 2022**  
7:00pm-11:00pm @ Triangle Hall.

**Pioneer Threshermans Monthly Meetings**  
First Monday of every month  
7:30pm @ Triangle Hall



## AA meetings

High Prairie Nazarene Church every Monday  
and Friday (4900-59 Ave) @ 7:30pm

Grouard every Wednesday Brown Building  
behind Kapawe'no Hall #55 @ 7:00pm

HOLIDAY FUN FOR THE WHOLE FAMILY\*

Pioneer Threshermans Association presents

# CHRISTMAS CRAFT Sale

**SUN, DECEMBER 4, 2022**  
OPEN FROM: 10AM - 3PM  
TRIANGLE HALL HIGH PRAIRIE

COME and SHOP FOR:

- HOMEMADE CRAFTS
- ONE-OF-A KIND ITEMS
- CHRISTMAS GIFTS
- VINTAGE ITEMS
- LOCAL JEWELRY
- CONCESSION AVAILABLE

FREE ENTRY

**VENDOR TABLES**  
PLEASE CONTACT: (780) 523 1156  
WWW.TRIANGLEHALL.COM

# DECEMBER 2022

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY
<p>4</p> <p><b>Triangle Christmas Craft Fair</b> 10:00am Grouard Mass 10:30am Games @ Golden Age 1:00pm</p>	<p>5</p> <p>Grouard Mass 9:00am Taekwondo in Enilda 6:00pm Kinuso Ladies Time Out 7:00pm</p>	<p>6 <b><u>Big Lakes Bus to HP</u></b> <b><u>County pick-ups</u></b> Grouard Mass 9:00am Homesteaders Coffee 10:00am Kinuso Seniors Coffee 1:00pm Whist @ Big Meadow Hall 1:00pm</p>	<p>7 <b><u>Big Lakes Bus to HP</u></b> <b><u>HP pick-ups</u></b> Kinuso Well Child HPNFC Mocktails Kinuso Bingo 5:30pm Taekwondo in Enilda Grouard Mass 7:00pm Cards @ Homesteaders</p>
<p>11</p> <p>Kinuso Church 9:00am Grouard Mass 10:30am Faust Anglican Church Service 1:30pm Games @ Golden Age 1:00pm Kinuso Seniors Christmas Social 3:00pm Enilda Meeting 6:30pm</p>	<p>12</p> <p>Grouard Mass 9:00am Taekwondo in Enilda 6:00pm Kinuso Ladies Time Out 7:00pm</p>	<p>13 <b><u>Big Lakes Bus to HP</u></b> <b><u>County pick-ups</u></b> Grouard Mass 9:00am Homesteaders Coffee 10:00am Grouard Tiny Teeth Clinic 11:00am Kinuso Seniors Coffee &amp; Meeting 1:00pm Whist @ Big Meadow Hall 1:00pm</p>	<p>14 <b><u>Big Lakes Bus to HP</u></b> <b><u>HP pick-ups</u></b> Kinuso Bingo 5:30pm Taekwondo in Enilda Grouard Mass 7:00pm Cards @ Homesteaders</p>
<p>18</p> <p>Grouard Mass 10:30am Games @ Golden Age 1:00pm Crib @ HP Legion 1:30</p>	<p>19</p> <p>Grouard Mass 9:00am Taekwondo in Enilda 6:00pm Kinuso Ladies Time Out 7:00pm</p>	<p>20 <b><u>Big Lakes Bus to HP</u></b> <b><u>County pick-ups</u></b> Grouard Mass 9:00am Homesteaders Coffee 10:00am Joussard Public Health &amp; Tiny Teeth Clinic 11:00am Kinuso Seniors Coffee 1:00pm Whist @ Big Meadow Hall 1:00pm</p>	<p>21 <b><u>Big Lakes Bus to HP</u></b> <b><u>HP pick-ups</u></b> Kinuso Well Child Teeth Clinic 11:00am Grouard Well-child Kinuso Bingo 5:30pm Taekwondo in Enilda Grouard Mass 7:00pm Cards @ Homesteaders</p>
<p>25</p> <p><b>Merry Christmas!</b> Kinuso Church 9:00am Grouard Mass 10:30am Games @ Golden Age 1:00pm</p>	<p>26</p> <p><b>Boxing Day</b> Grouard Mass 9:00am Taekwondo in Enilda 6:00pm Kinuso Ladies Time Out 7:00pm</p>	<p>27 <b><u>Big Lakes Bus to HP</u></b> <b><u>County pick-ups</u></b> Grouard Mass 9:00am Homesteaders Coffee 10:00am Kinuso Seniors Coffee 1:00pm Whist @ Big Meadow Hall 1:00pm</p>	<p>28 <b><u>Big Lakes Bus to HP</u></b> <b><u>HP pick-ups</u></b> Kinuso Well Child Kinuso Bingo 5:30pm Taekwondo in Enilda Grouard Mass 7:00pm Cards @ Homesteaders</p>

# Community Calendar

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

	<p><b>1</b> <u><i>Big Lakes Bus to SL HP &amp; County pick-ups</i></u>          Grouard Mass 9:00am          Sewing - Homesteaders 10:00am</p>	<p><b>2</b>          Grouard Mass 9:00am          Kinuso Seniors Coffee 10:00am          Games @ Golden Age Club 1:00pm</p>	<p><b>3</b>          Grouard Mass 9:00am          Enilda Farmer's Market 10:00am</p>
<p><u><i>Bus to HP pick-ups</i></u>          Clinic 11:00am          11:00am          0pm          ilda 6:00pm          00pm          eaders 7:30pm</p>	<p><b>8</b> <u><i>Big Lakes Bus to SL HP &amp; County pick-ups</i></u>          Grouard Mass 9:00am          Sewing - Homesteaders 10:00am</p>	<p><b>9</b>          Grouard Mass 9:00am          Kinuso Seniors Coffee 10:00am          Games @ Golden Age Club 1:00pm</p>	<p><b>10</b>          Grouard Mass 9:00am          Kinuso Christmas Farmers Market 10:00am          Kinuso Winter Festival 5:00pm</p>
<p><u><i>Bus to HP pick-ups</i></u>          0pm          ilda 6:00pm          00pm          eaders 7:30pm</p>	<p><b>15</b> <u><i>Big Lakes Bus to SL HP &amp; County pick-ups</i></u>          Grouard Mass 9:00am          Sewing - Homesteaders 10:00am</p>	<p><b>16</b>          Grouard Mass 9:00am          Kinuso Seniors Coffee 10:00am          Games @ Golden Age Club 1:00pm</p>	<p><b>17</b>          Grouard Mass 9:00am          Enilda Farmer's Market 10:00am          JCA Annual Christmas Supper 5:00pm          Triangle Jamboree 7:00pm</p>
<p><u><i>Bus to HP pick-ups</i></u>          Clinic &amp; Tiny 0am          ld 11:00am          0pm          ilda 6:00pm          00pm          eaders 7:30pm</p>	<p><b>22</b> <u><i>Big Lakes Bus to SL HP &amp; County pick-ups</i></u>          Grouard Mass 9:00am          Sewing - Homesteaders 10:00am</p>	<p><b>23</b>          Grouard Mass 9:00am          Kinuso Seniors Coffee 10:00am          Games @ Golden Age Club 1:00pm</p>	<p><b>24</b>  <b>Christmas Eve</b>          Grouard Mass 9:00am          Faust Anglican Church Service 11:00am          Kinuso St. Felix Church Service 7:00pm</p>
<p><u><i>Bus to HP pick-ups</i></u>          Clinic 11:00am          0pm          ilda 6:00pm          00pm          eaders 7:30pm</p>	<p><b>29</b> <u><i>Big Lakes Bus to SL HP &amp; County pick-ups</i></u>          Grouard Mass 9:00am          Sewing - Homesteaders 10:00am</p>	<p><b>30</b>          Grouard Mass 9:00am          Kinuso Seniors Coffee 10:00am          Games @ Golden Age Club 1:00pm</p>	<p><b>31</b>          Grouard Mass 9:00am</p>

# Start your academic upgrading journey!

NLC offers accredited high school courses that are available for adults of all ages and are full time and part time.

There is no application fee\* for Academic Upgrading, Adult Basic Education, and Integrated Foundational Pathways - Stepping Forward at NLC!

When applying online, select Academic Upgrading and NLC will be in touch to help you complete your Education Plan.

**We are with you every step of the way!**



**NORTHERN LAKES  
COLLEGE**

www.northernlakescollege.ca  
1-866-652-3456

\*All other fees still apply

High Prairie Native Friendship Centre

## CHRISTMAS MOCKTAILS

**December 7 11AM-1PM**

Join us for Christmas Mocktails. There will be non-alcoholic mocktails to taste, recipes to share, and a gift basket draw.

**Brought to you by: THE NORTHERN ASSOCIATION FOR FASD**



# Apply for Adult Basic Education and start in February 2023!

Applying online is free!  
Select *Academic Upgrading* and NLC will be in touch to help you complete your Education Plan.



Each student that is eligible for CALP sponsorship is also provided with a laptop!



Not ready for ABE?  
We have a two-week Life Skills course that will prepare you! Call us to find out more!



NORTHERN LAKES COLLEGE



COMMUNITY ADULT LEARNING PROGRAM

[www.northernlakescollege.ca](http://www.northernlakescollege.ca) | 1-866-652-3456

## High Prairie Interagency Meetings

High Prairie Interagency Meetings are held the first Wednesday of every month. Any community group is welcome to come share information about events and programs your organization is involved with, and learn about other organizations in the area!

Contact Nancy for more information: 780-536-0062

Now that the cold weather is here, remember to dress for the weather when heading outside. Children and seniors are especially vulnerable to the cold. Frost bite and hypothermia can set in quickly if not prepared. Limit time spent outdoors in cold, wet or windy weather. Dress in layers of loose, warm clothing, and protect skin from being exposed to the elements.



The CRC is once again running **Coats for Kids**. This program is available for residents in Big Lakes County and the Town of High Prairie. Please contact them at 780-523-2715 if you are looking for warm coats for your kids this winter, or if you would like to donate.

Santa's Little Helper deadline is December 14, 2022. Applications for hampers are available at the High Prairie CRC office. Please call 780-523-2715 for more information.



## Get out and be heard about applied research happening in the Peace Country!

Big Lakes County is partnering with PCBFA to host an East Peace annual update at Triangle Hall on December 9<sup>th</sup> from 10am – 4pm. PCBFA will be presenting on their past year's activities and will also create space for your input as to the future of PCBFA's work and role in the region. Please see the Big Lakes County events page for more info.

Big Lakes County is also looking at how best to continue supporting applied agricultural research in the area, as provided by PCBFA and SARDA. Peace region counties and municipal districts are proud funders of these applied research organizations, and we want to ensure that the support and input we provide to these organizations aligns with the needs and interests of our county producers. We have released a survey looking to hear your history in utilizing applied research produced and presented by PCBFA and SARDA and to glean your insights and interests as to what work has been and might be of benefit to you going forward. Look for the survey on our Big Lakes County website.

## Say what? Shelterbelt season already?

Are you feeling a little green as we stare down a long winter ahead? Start thinking about planting stuff! Be on the lookout for information and order sheets on shelterbelt orders for 2023. We want to get a bit more colourful and pollinator friendly next year so are looking to introduce the idea of multifunctional shelterbelts to you. We will be focused a little more on native species, canopy layers and diversity, and flowering and fruiting species throughout the growing season to integrate into standard shelterbelt design. If that sounds a bit intimidating to plan, don't worry! We are looking to have a workshop this January on shelterbelt species, design, and planting. Keep and eye out for details!



Merry Christmas and  
Happy New Year!

*From the Big Lakes FCSS team:*

*Nicole, Nancy, Patsy, Dani, and Tori*

## PUBLIC NOTICE

### Property Re-Inspection in Big Lakes County

Compass Assessment Consultants Inc. will be travelling door-to-door in selected areas within the County boundaries starting on Monday, December 12, 2022, through to Friday, December 16, 2022, to conduct property re-inspections. The areas as planned will be residence that have applied for permits and any residence with known changes.

The *Municipal Government Act* (s.294) grants the authority for an assessor to enter on and inspect a property. Big Lakes County notifies ratepayers that inspections will be occurring within a specific area of the County, during a specified timeframe. Property owners are also notified that an assessor may visit their property when they apply for a development permit. Inspections will occur annually in areas of the County designated for re-inspection, where permits have been approved and where know changes have occurred.

**MGA s. 294(1)** After giving reasonable notice to the owner or occupier of any property, an assessor may at any reasonable time, for the purpose of carrying out the duties and responsibilities of the assessor under Parts 9 to 12 and the regulations,

- (a) enter on and inspect the property,
- (b) request anything to be produced, and
- (c) make copies of anything necessary to the inspection.

Property re-inspection is a standard policy put in place by the Provincial Government that requires all Alberta Municipalities perform ongoing re-inspections and complete overall inspections of all properties in a five-year term. County assessors will be wearing photo identification badges. If residents are not home, assessors will leave a door hangar with information to contact the Assessment department at 1-800-251-9711. If you have any questions, please contact Lucy at Big Lakes County at 780-523-5955.

All information collected during the re-inspection is subjected to the Freedom of Information and Privacy of Protection Act.

## **CHRISTMAS ANGELS APPLICATION DEADLINE!**

### **FRIDAY, DECEMBER 9, 2022 @ 4:00PM**

## **Do you need a little help this Christmas?**

Every year the Big Lakes Christmas Angels are happy to provide Christmas hampers to qualifying Big Lakes County residents to help bring joy during the holiday season. These hampers include fixings for a turkey dinner, cereal for breakfast, and a wrapped gift for children under the age of 16 (must reside with the applicant).

If you will need a little help this Christmas, please apply. Applications are available at Big Lakes FCSS offices now.

Remember to bring a piece of valid identification and your Alberta Health Care card, a proof of residence, your 2021 tax return or Notice of Assessment, and a phone number you can be reached at.

Only residents of Big Lakes County and those who meet all qualifications will be considered.

# Keeping your home warm this winter



Follow these tip to help keep your home warm and save money on heating costs!

## 1. Replace your furnace filter

- Filters should be replaced every 90 days to ensure your system does not become clogged. A clogged filter can cause your furnace to be less efficient, and could lead to damage.

## 2. Seal your windows with plastic

- This is especially useful in older houses with older windows where a lot of heat can escape. Kits are inexpensive and are designed to be transparent once applied.

## 3. Don't block heat registers and vents

- Blocked vents negatively impact the heating efficiency of your home and cause your furnace to strain to keep up.

## 4. Reverse your ceiling fan

- Reversing the direction of your ceiling fan will bring cooler air up and circulate warm air down. Make sure to keep it on the lowest speed.

## 5. Use a programmable or smart thermostat

- You can cut down on energy costs by setting your thermostat to automatically change throughout the day. Keep the temperature lower while you are away or sleeping, and set it to rise while you are home in the evenings and weekends. Smart thermostats will increase and decrease temperature settings based on your activity.

## 6. Use your curtains

- Take advantage of the heat from the sun and keep your curtains open while it is sunny and closed tightly when the sun is down.

## 7. Keep unused rooms closed

- If a room is unused, keep the doors closed, or even the vents closed to direct heat to the rooms you use the most.

## 8. Close your chimney damper (flue)

- If you have a fireplace that isn't in use, keep the damper closed to prevent cold drafts from getting in, especially on windy or stormy days. Ensure to keep it open if you intend to use it though to allow smoke and carbon monoxide to escape.

## 9. Cover hard floors with rugs

- Rugs act as an insulator on hard-surface flooring and make the room feel more cozy

## 10. Have your furnace inspected

- It's always a good idea to have your furnace inspected by a professional to ensure it is in good working order before an emergency happens.



## We're Hiring!

### Big Lakes Family & Community Support Services Housekeeper

Permanent full Time

Big Lakes County is seeking a qualified, highly motivated, and organized individual to fill the full-time position of Housekeeper within the Family & Community Services Department. This position provides essential housekeeping support within the home environment to clients throughout Big Lakes County and the Town of High Prairie.

**Immediate Supervisor:** FCSS Manager

#### Key Duties and Responsibilities:

- Perform light housekeeping such as vacuuming, dishes, dusting, clean bathrooms, and mop floors.
- Launder clothing and household linens.
- Light meal preparation.
- Grocery shopping assistance.
- Clean FCSS offices such as but not limited to bathrooms, floors, etc.
- Other duties as required.

#### Education and Experience:

- Cleaning experience.
- Knowledge of cleaning appliances, and cleaning and disinfecting agents.
- Computer experience using MS Word, Excel, Outlook.
- First Aid Certification is an asset.
- Experience working with seniors and disabled clients is an asset.
- Current class 5 driver's license and reliable mode of transportation (required).
- Provide a current criminal records check including vulnerable sector.
- Provide current 5-year drivers abstract.

#### Compensation:

Big Lakes County offers an excellent benefit and pension package with a competitive salary.

#### Hours of Work:

Monday-Friday 8:15am-4:00pm

**\*\*This position works out of the Jousard FCSS administration office\*\***

#### Submit cover letter and resume, including references to:

Eunice McCauley  
Human Resources Manager  
Big Lakes County  
Box 239, High Prairie, AB T0G 1E0  
Ph: 780-523-5955 Fx: 780-523-4227  
[humanresources@biglakescounty.ca](mailto:humanresources@biglakescounty.ca)

#### Note:

This position does not provide:

- Medical care such as medication administration, dressing changes etc.
- Personal care routines such as bathing, dressing, and grooming etc.

#### Knowledge, Skills & Attributes

- Excellent verbal and written communication skills.
- Time management and organizational skills to keep track of your scheduled clients, various responsibilities, and workload.
- Ability to carry out tasks in a timely fashion with minimal supervision.
- Must maintain confidentiality.

#### Working Conditions & Physical Environment:

- Physical job requirements: May require lifting and carrying of up to 20 kg, bending, twisting, kneeling, squatting.
- Extensive use and operation of a vehicle.

#### Health & Safety

- All personnel working at Big Lakes County are governed by the County's Health & Safety Policy.
- Ensures all operations are conducted in a safe manner and in accordance with County Policies and Occupational Health & Safety Regulations
- Required to wear correct P.P.E as per safe job procedures
- Must follow all safe job procedures

#### Deadline for applications:

Open until suitable candidate is found.

Big Lakes County thanks all applicants for their interest; however, only those selected for an interview will be contacted. Visit our website at [www.biglakescounty.ca](http://www.biglakescounty.ca) for more information.

## December 2022 Workshops for Adults by ZOOM

We have morning, afternoon or evening classes available. Classes are 2.5 hours

### Weight Management - [Registration Link](#)

Learn effective weight management; how to build healthier habits, and the ways that thinking patterns, sleep, physical activity, and nutrition impact your goals.

#### Tier 3

Dec 8 - Eating Away at 5:30pm  
Dec 15 - Factors Affecting Weight Management at 5:30pm

### Managing Diabetes - [Registration Link](#)

A 3 session workshop for those newly diagnosed with diabetes, as well as a refresher for those continuing to manage their diabetes.

Part 1 - Dec 1 & 8 at 9:30am  
Part 2 - Dec 15 at 9:30am

Part 1 - Dec 5 & 12 at 5:30pm  
Part 2 - Dec 19 at 5:30pm

Part 1 - Dec 6 & 13 at 9:30am  
Part 2 - Dec 20 at 9:30am

### Managing Stress - [Registration Link](#)

A 2 part workshop on Stress Management

Dec 7 & 14 at 6:30pm

### Understanding COPD

Understand what COPD is and how you can manage well and continue to live your best life

Please check online for next available class

### Better Choices Better Health<sup>®</sup>

Take control of your health, feel better, take small steps, plan for the future.

Please check online for next available class

### Chronic Pain

Discover changes and strategies to help you live healthier

Please check online for next available class

### Moving Matters - [Registration Link](#)

Learn to exercise safely, overcome barriers and stay motivated. Set a goal and get started!

Dec 8 at 9:30am

### Heart & Stroke - [Registration Link](#) Managing Blood Pressure & Cholesterol

Learn about what affects your blood pressure and cholesterol levels and what you can do to manage your risks for heart disease and stroke.

Part 1 - Dec 1 at 5:30pm  
Part 2 - Dec 8 at 5:30pm

Part 1 - Dec 7 at 9:30am  
Part 2 - Dec 14 at 9:30am

Part 1 - Dec 13 at 1:30pm  
Part 2 - Dec 20 at 1:30pm

*Check online for classes available*

*in the New Year!*

### Supervised Exercise - done virtually!

2 times per week, 1.5 hours session, for 6 weeks.

Use the [Get Started](#) button to fill out some information that goes to the Exercise Therapist and you will get a call within 2 weeks to begin your assessment.

Be Supported on your Journey to Better Health – right from Home!



To register for a Zoom class call: **1-877-349-5711**

Or you can self-register at: <https://www.healthylivingprogram.ca>

# Eating healthy in winter and on a budget

When it comes to choosing vegetables and fruit to eat, a variety is best. By choosing a variety, you'll be packing your diet with fibre, vitamins and minerals. At mealtime, try to fill half your plate with vegetables and fruits.

Fresh produce is always a healthy choice but canned and frozen vegetables and fruits are also good options. Canned vegetables and fruit can last for months and can be just as nutritious as fresh – plus, they may cost less. They are also pre-washed, cut, and cooked, saving you time when making meals.

Many types of frozen and canned produce are available throughout the year, so even when produce is not in season, there are lots of options to choose from. A few of our favourites:

- Use frozen fruits in baking.
- Thaw frozen fruit such as peach slices, and then add to yogurt or oatmeal for a breakfast or snack.
- Make an easy side dish from steamed frozen vegetables.
- Use frozen vegetables such as peppers when making a stir-fry.
- When boiling pasta, add frozen vegetables such as broccoli to the pot near the end of cooking, and then top with pasta sauce after draining.
- Use frozen dark leafy greens such as kale and spinach in an omelet or smoothie.

Ways to use canned vegetables and fruit:

- Use canned vegetables such as green beans, asparagus, carrots and peas in pasta dishes or an omelet.
- Combine canned vegetables and canned beans for a quick lunch.
- Use canned corn, peas, or tomatoes in a stir fry.
- Use canned mushrooms or other vegetables in a chili.
- Add canned corn to a quesadilla.
- Make a quick vegetable soup by adding canned corn, tomatoes and pinto beans to low-sodium chicken broth.
- Top your favourite canned fruit with some yogurt for dessert.

Be aware of the sodium (salt) and sugar content in canned or frozen vegetables. Choose canned vegetables with low-, reduced-, or no added sodium and then rinse the vegetables before using to lower the sodium content further.

Choose fruit canned in water instead of syrup or rinse it if it's in syrup. Choose frozen vegetables and fruit without added seasonings, breading, sauces, or sugars.

The nutrition facts table can always be used to compare similar foods. Aim for products that have less than 15 per cent DV (daily value) in sodium or sugar.

# Community Facility Rentals

## HIGH PRAIRIE LEGION #37

Day Rent	\$150
Full Day with Bar	\$350
Damage Deposit	\$250
<b>Contact - Don or Brenda Ebbett 780.523.4668</b>	

## HIGH PRAIRIE ELK'S HALL

Hall Rental (non- alcoholic, non social)	\$500.00 + GST
Hall Rental (social/alcohol)	\$1,000.00 + GST
Damage Deposit	\$2,000.00
Janitorial	\$350.00
<b>Contact - 780.523.3724</b>	

## BIG MEADOW HALL

Daily Hall Rent	\$500
Additional Days	\$200
Damage Deposit	\$500
<b>Contact - Stella Sware 780.523.2009</b>	

## ENILDA W.I. HALL

Daily Hall Rent	\$500
Damage Deposit	\$500
<b>Contact - Enilda Bowling Alley 780.523.4211</b>	

## PIONEER THRESHERMAN'S TRIANGLE HALL

Weekend: Fri 12pm - Sun 2pm	\$750.00
Hall/Kitchen (per day)	\$25.00
Hall/Kitchen (per hour)	\$50.00
Funeral/Memorial services (1 day)	\$200.00
Church (All Day)	\$100.00

### Other Items

Dishes (plates, glassware, cutlery)	\$250.00
RV Plug-in flat rate (per weekend)	\$50.00

### For all rentals

Damage Deposits	\$750.00
Cleaning Deposits	\$250.00
Cancellation Fee	\$250.00

**Contact - Mandy 780.523.1156**

## PRAIRIE ECHO COMMUNITY HALL

Weekend Rental	\$500
Weekend Damage Deposit	\$500
Day rental	\$300
Day Damage Deposit	\$300
Hourly Rate	\$25
Damage Deposit	\$300

**Contact - Sarah 780.536.0894**



# Community Facility Rentals

## CENTRAL SLAVE LAKE AGRICULTURAL SOCIETY

Hall Rental	\$500.00
Damage Deposit	\$500.00
Warming Trays	\$20.00 Each
Upstairs Lounge Rent	\$200.00
Upstairs Lounge Damage Deposit	\$200.00

### Curling rink & upstairs

Bonspiels	\$250.00 per day
With Hall	\$250.00
-if using kitchen	+\$100.00 per day
After 25 Rinks	\$550.00
Schools	\$100.00
All the above damage deposit	\$500.00

### Special circumstances

Hall for Funerals	\$150.00
Hall for Wakes	\$250.00
Hall for Workshops – Half Day	\$250.00
Hall for Workshops – Full Day	\$350.00
-if using kitchen	+\$100.00 per day
All the above damage deposit	\$500.00

### Community centre

Partial Day (1-4 Hours)	\$35.00
Over 4 hours	\$75.00
Any event with alcohol	\$100.00
All the above damage deposit	\$200.00

**Contact - Merry-Lee 780.775.2684**

## SUNSET HOUSE COMMUNITY HALL

Community Center	\$300
-each additional day after	\$200
Damage Deposit	\$500
Kitchen only	\$100
Funerals	\$150
Microphone system	\$20
Portable Stage	\$20
Gym use for games	\$20/hr
Meetings rooms	\$20/hr

**Contact - Andrea 780.623.1016**

## JOUSSARD HOMESTEADERS HALL

Regular hall rent	\$200
Damage deposit	\$200
Weddings (full day + evening before)	\$300
Meeting rate (half day)	\$100

**Contact - Dianne - 780-625-4832**

## KAPAWE'NO COMMUNITY HALL

Regular hall rental	\$275
Damage deposit	\$100
Rent tables & chairs to take to venue	\$50

**Contact - 780.751.3800**

<b>Enilda Post Office</b>		Mon & Thurs Tues & Fri Wednesdays	9:00 a.m. - 5:30 p.m. 9:00 a.m. - 5:00 p.m. 9:00 a.m. - 12:00 p.m. (Closed 12:00 p.m. - 2:00 p.m.)
<b>Faust General Store</b>	780-355-3600	Mon - Sat Sundays	9:00 a.m. - 8:00 p.m. 12:00 p.m. - 6:00 p.m.
<b>Bigway Foods</b>	780-751-3964	Mon - Sat Sunday	9:00 a.m. - 10:00 p.m. 12:00 p.m. - 10:00 p.m.
<b>Ferguson Market</b>	780-751-2221	Sun - Sat	10:00 a.m. - 10:00 p.m.
<b>Jerry's Store</b>	780-776-3833	Sun - Sat	9:00 a.m. - 10:00 p.m.
<b>Joussard Superette</b>	780-776-3840	Sun - Thurs Fri & Sat	9:00 a.m. - 11:00 p.m. 9:00 a.m. - 12:00 p.m.
<b>Joussard Post Office</b>	780-507-7535	Mon - Wed Thursday Friday	10:00 a.m. - 4:00 p.m. 10:00 a.m. - 6:00 p.m. 10:00 a.m. - 1:00 p.m. (Closed from 12:00 p.m.-1:00p.m. Mon-Thurs)
<b>Big Lakes County Satellite Office</b>	780-775-3570	Tues/Wed/Thurs	8:15 a.m. - 4:00 p.n. (Closed 12:00 p.m. - 12:30 p.m.)
<b>J's One Stop: Post Office ATB Agency</b>	780-775-3930	Mon - Fri Mon - Fri	8:30 a.m. - 5:00 p.m. 9:00 a.m. - 3:30 p.m.
<b>Kinuso Mercantile</b>	780-775-3517	Mon - Sat	9:00 a.m. - 6:00 p.m.
<b>Kinuso Kodiak Restaurant</b>	780-775-3500	Mon - Sat Sunday	11:00 a.m. - 9:00 p.m. 2:00 p.m. - 8:00 p.m.
<b>Korner Kitchen</b> For information please call	780-775-3768	Mon - Fri	8:00 a.m. - 6:00 p.m.
<b>Swan River Grocery Corp Ag Foods</b>	780-775-3699	Mon - Sat Sunday	9:00 a.m. - 6:00 p.m. 10:00 a.m. - 5:00 p.m.
<b>Howard's Swan Valley Service</b>	780-775-3506	Mon - Fri Saturday	8:00 a.m. - 6:00 p.m. 9:00 a.m. - 5:00 p.m. (Closed 12:00 a.m. - 1:00 p.m.)
<b>Kinuso Municipal Library</b>	780-775-3694	Tue & Thurs	3:30pm - 5:00pm
<b>Swan River Gas Co-op</b>	780-775-3779 <b>Emergency 780-849-1408</b>	Mon - Fri	9:00am - 4:30pm (Closed 12:00 p.m. - 1:00 p.m.)

# Advertise here!

**JOHN PADDON**

**FIRST AID INSTRUCTOR/PARAMEDIC**  
para2med@gmail.com

**JP SAFETY**

**SAFETY TRAINING BROUGHT TO YOU**

**PO BOX 1141**  
**HIGH PRAIRIE, ALBERTA**  
**TOG 1E0**

**780-625-5388**

*"THE CANDY SHACK"*  
*HOME-KITCHEN BASED, WORLD CLASS TASTE*

*CARAMEL APPLES, CANDIED APPLES, COTTON CANDY & BEYOND!*

*PRE-ORDER FOR YOUR NEXT SPECIAL EVENT.. BIRTHDAYS, WEDDINGS, REUNIONS & MORE*  
*(780) 291- 0085 OR CONTACT CHANTELE BETKER*


**AdverTise**  
**HERE!**

## Advertising Rates 2022

Interested in advertising with us?  
Contact Tori at 780-776-3811 or email:  
tumaresque@biglakescounty.ca

Commercial Advertising:  
Business card size - \$100.00 for six (6) months  
Buy and sell ads - \$5.00/month

Advertisements may be approved or denied at the discretion of the editor.

Alberta 

**AAA-000**

Wild Rose Country

Remember to  
renew your vehicle  
registration in  
December if your  
family name or  
company name  
begins with **Me, O, W!**

## BIG LAKES FCSS OFFICES

### **FCSS Manager**

Nicole Hanna  
Phone 776-0008 Fax 776-3821  
[nhanna@biglakescounty.ca](mailto:nhanna@biglakescounty.ca)

### **FCSS Admin Support**

Tori Dumaresque  
Phone 776-3811 Fax 776-3821  
[tdumaresque@biglakescounty.ca](mailto:tdumaresque@biglakescounty.ca)

### **Enilda**

8:15 - 4:00 Wednesdays  
Phone 523-5925 Fax 523-5933  
Location: Enilda Fire Hall  
[fcss.nmarquardt@biglakescounty.ca](mailto:fcss.nmarquardt@biglakescounty.ca)

### **Faust**

8:15 - 4:00 Mon/Wed/Fri  
Phone 355-3896 Fax 355-3000  
Location: Faust Fire Hall  
[pcampion@biglakescounty.ca](mailto:pcampion@biglakescounty.ca)

### **Grouard**

8:15 - 4:00 Mon/Wed/Fri  
Phone 751-3806 Fax 751-3807  
Location: Grouard Fire Hall  
[dcox@biglakescounty.ca](mailto:dcox@biglakescounty.ca)

### **High Prairie**

8:15 - 4:00 Mon/Tues/Thurs/Friday  
Phone 536-0062 Fax 523-4902  
Location: Above Library 4723-53rd Ave  
[fcss.nmarquardt@biglakescounty.ca](mailto:fcss.nmarquardt@biglakescounty.ca)

### **Joussard**

8:15 - 4:00 Tuesdays & Thursdays  
Phone 776-3811 Fax 776-3821  
Location: Joussard FCSS Building  
[dcox@biglakescounty.ca](mailto:dcox@biglakescounty.ca)

### **Kinuso**

8:15 - 4:00 Tuesdays & Thursdays  
Phone 775-3666 Fax 775-3571  
Location: Kinuso Hamlet Office  
[pcampion@biglakescounty.ca](mailto:pcampion@biglakescounty.ca)

## BIG LAKES COUNTY WASTE CENTRES

**24/7 Public Works On Call:**  
**780-523-8806**

### **Manned Transfer Sites:**

**Winter Hours effective**  
**October 1 - March 31**

**Wednesdays & Sundays**  
**11:00am - 6:00pm**

**Banana Belt** PT(SW)-11-73-17-W5  
**Faust/Kinuso** SE-07-73-10-W5  
**Grouard** PT(NE)-32-75-14-W5  
**Heart River** NE-31-76-17-W5  
**Joussard** NW-33-73-13-W5  
**H.P./Gilwood** NW-24-74-18-W5

### **Regional Landfill**

**Monday/Thursday/Saturday**  
**10:00am - 5:00pm**  
**780-523-5760 NW-9-73-15-W5**

**Manned transfer stations may be closed during inclement weather or other conditions that pose a risk to personnel and public. Such closing may occur without any notice.**

**No verbal or physical abuse of any kind shall be tolerated by attendants or staff. Authorities will be contacted immediately.**

#### **PLEASE NOTE:**

**The gravel stock piles at the transfer stations are not for public use. Anyone caught taking gravel will be reported to local authorities.**



## BIG LAKES COUNTY COUNCIL

### **Ward 1 - Heart River/Salt Prairie** **GARRETT ZAHACY**

Box 262 High Prairie, AB T0G 1E0  
Cell: 780-523-6872  
[ward1@biglakescounty.ca](mailto:ward1@biglakescounty.ca)

### **Ward 2 - Grouard** **JEFF CHALIFOUX**

Box 21 Grouard, AB T0G 1C0  
Ph: 780-751-3841 Cell: 780-523-1115  
[ward2@biglakescounty.ca](mailto:ward2@biglakescounty.ca)

### **Ward 3 - Gilwood N./Triangle** **JIM ZABOLOTNIUK**

Box 1126 High Prairie, AB T0G 1E0  
Ph: 780-523-5157 Cell: 780-523-8656  
[ward3@biglakescounty.ca](mailto:ward3@biglakescounty.ca)

### **Ward 4 - Kinuso** **ROBERTA HUNT**

Box 391 Kinuso, AB T0G 1K0  
Cell: 780-805-9076  
[ward4@biglakescounty.ca](mailto:ward4@biglakescounty.ca)

### **Ward 5 - Faust** **ROBERT NYGAARD**

Box 128 Faust, AB T0G 0X0  
Ph: 780-355-2735 Cell: 780-523-8391  
[ward5@biglakescounty.ca](mailto:ward5@biglakescounty.ca)

### **Ward 6 - Joussard** **RICHARD MIFFLIN**

Box 254 Joussard, AB T0G 1J0  
Cell: 780-916-9290  
[ward6@biglakescounty.ca](mailto:ward6@biglakescounty.ca)

### **Ward 7 - Enilda/Big Meadow** **LANE MONTEITH**

Box 244 Enilda, AB T0G 0W0  
Ph: 780-523-2836 Cell: 780-523-7681  
[ward7@biglakescounty.ca](mailto:ward7@biglakescounty.ca)

### **Ward 8 - Banana Belt/HP East** **TYLER AIRTH**

Box 1967 High Prairie, AB T0G 1E0  
Cell: 780-512-9174  
[ward8@biglakescounty.ca](mailto:ward8@biglakescounty.ca)

### **Ward 9 - Sunset House/Gilwood S.** **ANN STEWART**

Box 660 High Prairie, AB T0G 1E0  
Ph: 780-523-2590 Cell: 780-523-7282  
[ward9@biglakescounty.ca](mailto:ward9@biglakescounty.ca)