



NATIONAL DROWNING PREVENTION WEEK

Big Lakes County's Reeve Simard and the
Town of High Prairie's Mayor Panasiuk have
declared the week of

July 21-27

National Drowning Prevention Week
(NDPW) in High Prairie and area.

Drowning is Preventable.

~500

Canadians die in
preventable water-
related incidents
annually.

The age groups with the
highest risk of drowning
are:

20-34
years old

50-65+
years old

< 5
years old

SWIM TO SURVIVE PROGRAM

The High Prairie Regional
Aquatic Centre is hosting 2
sessions during NDPW. Pick
up an entry form at one of
our offices to win a FREE
session!

SIGN THE PLEDGE TO ...

- BE BOAT SMART
- ACTIVELY SUPERVISE CHILDREN AROUND WATER
- SWIM WITH A BUDDY
- KNOW YOUR LIMITS
- BE WATER SMART ALL YEAR ROUND

and attend the FREE Public Swim at the High
Prairie Regional Aquatic Centre on July 25th,
from 2:00-3:00pm